

A NEW MODEL FOR WELL-BEING



Traditional health care systems are designed for efficiencies. However, VEBA believes that health care should not be one-size-fits-all. We offer a customized, holistic approach to care for a member's mind, body and spirit. Getting a complete picture of a member's health allows us to see what's happening and why. Doing so results in better care for your employees and lower health care costs for all.



VEBA's mission is to empower our members to become advocates for their well-being. Through our vast array of programs, we provide personalized care so your employees have the resources they need for their unique health care journey.



Well-being is more than just physical health. VEBA believes in delivering comprehensive care – from addressing mental health to financial health to community health. VEBA members have access to individual coaching, educational programming, health advocates and onsite services.



Our comprehensive well-being services include custom programs at both the member and employer level so that VEBA members receive support wherever they are.

CONTACT US

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MEMBER WELL-BEING SERVICES



VEBA RESOURCE CENTER (VRC)

Designed to meet participants where they are on their personal health journey, the Healthy Reboot program is the VRC's foundational offering. Services include movement classes, health education, nutrition and cooking programs, body composition testing and stress reduction.



CARE NAVIGATOR

The Care Navigator is there to support VEBA members who need the greatest amount of help. Care Navigators develop a tailored care management plan keep members engaged and accountable in their health care. Convenient telephonic appointments are available.



VEBA ADVOCACY

Navigating the health care system can be a confusing and complicated experience. The VEBA Advocacy Department lends a hand to VEBA members to resolve issues with their insurance carrier or health care providers.

EMPLOYER WELL-BEING SERVICES

To help our clients foster a culture of well-being, VEBA offers customizable programs and services designed to bring the VRC to your site. All programs and services can be tailored especially for your employees whether it's for content, time or location.



ONSITE SERVICES

Let the VEBA Resource Center come to you! VEBA will visit your location with movement classes, cooking demos and health screenings personalized for your employees.



EDUCATION PROGRAM

Education is a cornerstone of the VRC's approach to individualizing care for its members. Customized wellness education seminars and workshops are available on such topics as work/life balance, stress & resiliency, weight management and injury prevention.



CUSTOM EVENTS

VEBA's Well-being will collaborate with you to identify special needs at your worksite. Examples of custom events include professional development, staff recognition and alignment with school student wellness initiatives.

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