## Associate in Arts in Kinesiology for Transfer Degree:

The Associate in Arts in Kinesiology for Transfer Degree is intended for students who plan to complete a bachelor's degree in Kinesiology or a related major in the California State University (CSU) system. It is accepted by some but not all CSU campuses. Students who complete this degree and transfer to a participating CSU campus will be required to complete no more than 60 units after transfer to earn a bachelor's degree. It may not be appropriate preparation for students transferring to a CSU campus that does not accept the degree. Students who plan to complete this degree should consult a counselor for additional information about participating CSU campuses as well as university admission, degree and transfer requirements.

**NOTE:** Students intending to transfer into this major at any CSU should consult with a counselor and visit <a href="https://www.assist.org">www.assist.org</a> for guidance on appropriate transfer coursework.

General Education: In addition to the courses listed above, students must complete one of the following general education options:

- The IGETC pattern (page 110) is accepted by all CSU campuses and most UC campuses and majors. It is also accepted by some private/ independent or out of state universities.
- The CSU GE pattern (page 118) is accepted by all CSU campuses and some private/independent or out of state universities. It is not accepted by the UC system.

It is strongly recommended that students consult with a counselor to determine which general education option is most appropriate for their individual educational goals.

Electives as needed to meet minimum of 60 CSU-transferable units required for the degree.

\* Course also fulfills general education requirements for the CSU GE or IGETC pattern.

The following is required for all AA-T or AS-T degrees:

• Completion of 60 CSU-transferable semester units. No more than 60 units are required.

- Minimum grade point average (GPA) of at least 2.0 in all CSU-transferable coursework. While a minimum of 2.0 is required for admission, some CSU campuses and majors may require a higher GPA. Please see a counselor for more information.
- Completion of a minimum of 18 semester units in an "AA-T" or "AS-T" major (see list below). All courses in the major must be completed with a grade of "C" or better.
- Certified completion of the California State
   University General Education-Breadth pattern
   (CSU GE; see page 118 for more information); OR
   the Intersegmental General Education Transfer
   Curriculum pattern (IGETC; see page 110 for more
   information).

Electives as needed to meet maximum of 60 CSU-transferable units required for the degree.

## Goals

The Associate in Arts in Kinesiology for Transfer Degree is intended for students who plan to complete a bachelor's degree in Kinesiology or a related major in the California State University (CSU) system. It is accepted by some but not all CSU campuses. Students who complete this degree and transfer to a participating CSU campus will be required to complete no more than 60 units after transfer to earn a bachelor's degree. It may not be appropriate preparation for students transferring to a CSU campus that does not accept the degree. Students who plan to complete this degree should consult a counselor for additional information about participating CSU campuses as well as university admission, degree and transfer requirements.

## **Career Options**

Careers related to this field typically require education beyond the associate degree level and some may require a graduate degree.

Courses Re	Units	
BIOL 230	Human Anatomy*	4
BIOL 235	Human Physiology*	4
EXSC 241B	Introduction to Kinesiology	3

Select a minimum of one course from any three of the following areas for a maximum of 3 units:

## **Combatives**

EXSC 147A	Kickboxing I – Fundamental	1
EXSC 148A	Martial Arts I – Fundamental	1
Fitness		
EXSC 125A	Aerobic Dance I	1

EXSC 125B Aerobic Dance II	1
EXSC 125C Aerobic Dance III	1
EXSC 125D Aerobic Dance IV	1
EXSC 127A Cardio Kickboxing I – Fundamentals	1
EXSC 129A Step Aerobics I – Fundamentals	1
EXSC 135A Individual Conditioning I –	
Fundamentals	1
EXSC 139A Weight Training I	1
EXSC 139B Weight Training II	1
EXSC 139C Weight Training III	1
EXSC 139D Weight Training IV	1
EXSC 145A Yoga I – Fundamentals of Yoga	1
Individual Sports	
EXSC 154A Badminton I	1
EXSC 166A Golf I	1
EXSC 178A Tennis I	1
LASC 176A TETITIST	
Team Sports	
EXSC 158A Basketball I	1
EXSC 174A Soccer I	1
EXSC 176A Softball I	1
EXSC 182A Volleyball I	1
Select two of the following courses (minimum	
8 units)	
CHEM 200 General Chemistry I – Lecture	3
and	_
CHEM 200L General Chemistry I – Laboratory	2
MATH 119 Elementary Statistics or	
PSYC 258 Behavioral Science Statistics	3

For graduation requirements see **Requirements for the Associate Degree** on page 85.