

**Curriculum Instructional Council
Actions Approved – December 12, 2013 Addendum**

Subject: English (ENGL) Discipline: English

<p>208 Introduction to Literature</p> <p align="right">48 - 54 hours lecture, 3 units Letter Grade or Pass/No Pass Option</p> <p>REQUISITES: <i>Prerequisite:</i> ENGL 101 or English 105, each with a grade of "C" or better, or equivalent Assessment Skill Levels R6 and W6. This course provides an inquiry into the basic nature of literature and is designed for students with a general interest as well as for those majoring in the field. Students read and analyze representative literary works in fiction, non-fiction, poetry, and drama from various cultures and periods, applying practical critical techniques in essays, reports, and exams.</p> <p>FIELD TRIP REQUIREMENTS: May be required</p> <p>TRANSFER APPLICABILITY: Associate Degree Credit & transfer to CSU. CSU General Education. IGETC. UC Transfer Course list.</p>	<p>Offered At: City, Mesa, Miramar</p> <p>Action(s) Proposed: Course Revision (May Include Activation) <i>Prerequisite (Change)</i></p> <p>Approved</p> <p>Proposed for College(s): City, Mesa, Miramar</p> <p>Originating Campus: CITY</p> <p>Effective: Fall 2014</p>
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Subject: Exercise Science (EXSC) Discipline: Physical Education

<p>~129A Step Aerobics I-Fundamentals</p> <p align="right">32 - 54 hours lab, 0.5-1 units Grade Only</p> <p>REQUISITES: <i>Advisory:</i> English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent or Assessment Skill Levels R5 and W5. <i>Limitation on Enrollment:</i> This course is not open to students with previous credit for Physical Education 104. This is the first of four levels of classes relating to the fundamentals of step aerobics. Step aerobics is a rigorous exercise course designed to increase both the fitness levels of participating students and their understanding of what constitutes a safe and effective exercise program. Instruction includes a balanced exercise program of basic step aerobics, toning, stretching, and relaxation along with discussion of related health topics. This class is designed for those who want to increase cardiovascular fitness and who are interested in understanding the importance of the fitness aspect of their life.</p> <p>FIELD TRIP REQUIREMENTS: May be required</p> <p>TRANSFER APPLICABILITY: Associate Degree Credit & transfer to CSU. UC Transfer Course List.</p>	<p>Offered At: City</p> <p>Action(s) Proposed: Course Activation (Currently active at another college)</p> <p>Approved</p> <p>Proposed for College(s): Mesa</p> <p>Originating Campus: MESA</p> <p>Effective: Spring 2015</p> <p><i>This course is being proposed at Mesa for UC Transfer Course List.</i></p>
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*Requires Board of Trustees approval prior to implementation

~Course requires CCCCO submission

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Subject: Exercise Science (EXSC) Discipline: Physical Education

<p>~129B Step Aerobics II - Beginning Level</p> <p align="right">32 - 54 hours lab, 0.5-1 units Grade Only</p> <p>REQUISITES: <i>Advisory:</i> English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent or Assessment Skill Levels R5 and W5; Exercise Science 129A with a grade of "C" or better, or equivalent. This is the second of four levels of classes relating to basic step aerobics. Step aerobics is a rigorous exercise course designed to increase both the fitness levels of participating students and their understanding of what constitutes a safe and effective exercise program. Instruction includes a balanced exercise program of basic step routines, toning, stretching, and relaxation along with discussion of related health topics. This class is designed for those who want to increase cardiovascular fitness by using stepping action and for those who are interested in creating their own basic fitness programs.</p> <p>FIELD TRIP REQUIREMENTS: May be required</p> <p>TRANSFER APPLICABILITY: Associate Degree Credit & transfer to CSU. UC Transfer Course List.</p>	<p>Offered At: City</p> <p>Action(s) Proposed: Course Activation (Currently active at another college)</p> <p>Approved</p> <p>Proposed for College(s): Mesa</p> <p>Originating Campus: MESA</p> <p>Effective: Fall 2014</p> <p><i>This course is being proposed at Mesa for UC Transfer Course List.</i></p>
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Subject: Exercise Science (EXSC) Discipline: Physical Education

<p>*~ 287 Fitness Specialist Internship</p> <p align="right">16 - 18 hours lecture, 96 - 108 hours lab, 2 units Grade Only</p> <p>REQUISITES: <i>Prerequisite:</i> Exercise Science 280, Exercise Science 281 and Exercise Science 283, each with a grade of "C" or better, or equivalent. <i>Advisory:</i> English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent or Assessment Skill Levels R5 and W5. <i>Limitation on Enrollment:</i> This course is not open to students with previous credit for Physical Education 287, Physical Education 288 or Exercise Science 288. This course is designed to provide students in the Fitness Specialist Certificate Program with practical experience in the field of exercise and fitness. Emphasis is placed on participant screening, evaluation, and exercise program design, self marketing, fitness specialist/client relationships and professional responsibility in a fitness setting.</p> <p>FIELD TRIP REQUIREMENTS: May be required</p> <p>TRANSFER APPLICABILITY: Associate Degree Credit & transfer to CSU.</p>	<p>Offered At: City, Miramar</p> <p>Action(s) Proposed: Course Deactivation (Not at any College)</p> <p>Approved</p> <p>Proposed for College(s): City</p> <p>Originating Campus: CITY</p> <p>Effective: Fall 2014</p>
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Subject: Exercise Science (EXSC) Discipline: Physical Education

<p>~288 Fitness Specialist Internship Lecture</p> <p style="text-align: right;">16 - 18 hours lecture, 1 units Grade Only</p> <p>REQUISITES: <i>Prerequisite:</i> Exercise Science 280, Exercise Science 281 and Exercise Science 283, each with a grade of "C" or better, or equivalent. <i>Advisory:</i> English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent or Assessment Skill Levels R5 and W5. <i>Advisory: Concurrent enrollment in</i> Exercise Science 270 with a grade of "C" or better, or equivalent. <i>Limitation on Enrollment:</i> This course is not open to students with previous credit for Physical Education 287, Physical Education 288 or Exercise Science 287. This course is designed to provide students in the Fitness Specialist Certificate Program with practical experience in the field of exercise and fitness. Emphasis is placed on participant screening, evaluation, and exercise program design, self marketing, fitness specialist/client relationships and professional responsibility in a fitness setting.</p> <p>FIELD TRIP REQUIREMENTS: May be required</p> <p>TRANSFER APPLICABILITY: Associate Degree Credit & transfer to CSU.</p>	<p>Offered At: Mesa, Miramar</p> <p>Action(s) Proposed: Course Activation (Currently active at another college)</p> <p>Approved</p> <p>Proposed for College(s): City</p> <p>Originating Campus: CITY</p> <p>Effective: Fall 2014</p>
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~Course requires CCCCO submission

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Subject: Human Services (HUMS) Discipline: Gerontology

<p>~101 Introduction to Human Aging</p> <p style="text-align: right;">48 - 54 hours lecture, 3 units Grade Only</p> <p>REQUISITES: <i>Advisory:</i> English 101 with a grade of "C" or better, or equivalent or Assessment Skills Level R6 and W6. This is an introduction to the field of social gerontology. A multidisciplinary approach is utilized to examine the basic biological, psychological and social aspects of aging. Emphasis is placed on the special needs and problems impacting the aged population. Historical, social and cross-cultural issues in aging are examined. This course is intended for students majoring in behavioral sciences and gerontology as well as all students interested in human aging.</p> <p>FIELD TRIP REQUIREMENTS: May be required</p> <p>TRANSFER APPLICABILITY: Associate Degree Credit & transfer to CSU.</p>	<p>Offered At: City</p> <p>Action(s) Proposed: Course Revision (May Include Activation) <i>Six Year Review Advisory (Change) Course Description Critical Thinking Assignments General Education Methods of Evaluation Methods of Instruction Outline of Topics Outside Assignments Reading Assignments SAM Code Student Learning Objectives Texts Writing Assignments</i></p> <p>Approved</p> <p>Proposed for College(s): City</p> <p>Originating Campus: CITY</p> <p>Dist. Ed Proposed For College(s): City</p> <p><i>This course is being proposed at City for:</i></p> <ul style="list-style-type: none">• CSU General Education: D7 Area D. Social Sciences - Interdisciplinary Social or Behavioral Science. D0 Area D. Social Sciences -Sociology and Criminology. E Area E. Lifelong Learning and Self-Development• District General Education: D Social and Behavioral Sciences <p>To be reviewed at the May 8th CIC meeting</p> <p>Effective: Fall 2014</p>
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*Requires Board of Trustees approval prior to implementation

~Course requires CCCC submission

Approved

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PROGRAM CHANGES

(Note: To view from *Proposals* screen, click *Program Search* button, scroll down to program name, then option title, if appropriate, and click *PR* icon.)

*Exercise Science

Program Revision- Approved

Exercise Science- City, PID 2785: Effective Fall 2014

Fitness Specialist Certificate of Achievement

*Exercise Science

Program Revision - Approved

Exercise Science – City, PID 2771: Effective Fall 2014

Kinesiology for Transfer Associate in Arts

*Physical Education

Program Deactivation- Approved

Physical Education- City, PID 2768: Effective Fall 2014

Physical Education Associate in Arts

*Requires Board of Trustees approval prior to implementation

~Course requires CCCCO submission