



MAKE HEALTH CARE EASY

WITH THESE **VEBA** BENEFITS

CONVENIENT CARE

Connect to care on your schedule



TARGET CLINICS

Get quality care on your next Target run. No appointment necessary and clinics are open 7 days a week. Kaiser members will pay the same fee as a visit with your Kaiser doctors. Non-Kaiser members are welcome.

Visit: kp.org/scal/targetclinic

Out of network urgent care facility for non-Kaiser members.



VIRTUAL CARE

Virtual Visits *(UHC members)*

A virtual visit lets you see and talk to a doctor from your mobile device or computer. Cost share will vary depending on your plan.

Visit: doctorondemand.com
amwell.com

Kaiser Telehealth *(Kaiser members)*

Schedule a phone or video appointment to connect to a doctor at your convenience. No cost share for Kaiser virtual care. Call anytime to receive clinical care in the moment.

Visit: kp.org/getcare

AFFORDABLE CARE

Lower health care costs



HEALTHINVEST HRA *(UHC Journey members)*

VEBA's new HRA is aimed at making health care more affordable. The HealthInvest HRA gives you both flexibility and significant tax savings. Build up savings for long-term protection since the money is yours to keep, even after you leave the plan or your employer.

Call: **844-342-5505** or
email: customercare@healthinvesthra.com



PRESCRIPTION SAVINGS *(UHC members)*

Express Scripts members can benefit from significant savings this year on prescription drugs. Copays will be waived for preferred generic hypertension and preferred generic oral hypoglycemic when filled at a Smart90 retail or mail-order pharmacy. In addition, there is a new discount program for those taking specialty medications.

Call: **800-918-8011**





GET SUPPORT

When you need a helping hand



VEBA ADVOCACY SERVICE

When your doctor or health plan can't help you, call VEBA's Advocacy Office. They'll help you resolve benefit issues and find ways to get more timely appointments.

Call: **888-276-0250** or email:
Advocacy@mcgregorinc.com



EMPLOYEE ASSISTANCE PROGRAM (EAP)

Get through life's challenges with counseling, budgeting and legal advice, child and eldercare support, and more.

Call: **888-625-4809** or
visit: LiveAndWorkWell.com
(access code: VEBA)



BEST DOCTORS

Expert second opinion service to ensure members receive the right treatment at no cost. Oncology Insight with Watson is a new offering from Best Doctors that partners leading oncologists with the most advanced in cognitive technology.

Call: **866-904-0910** or
visit: members.bestdoctors.com

TAKE CARE OF YOU

Treat your mind, body and spirit



VEBA RESOURCE CENTER

The VEBA Resource Center (VRC) was designed to provide personalized care that meets members where they are in their journey to healthy living. The VRC offers comprehensive well-being care by addressing emotional, social, financial and physical health. Services include holistic care, yoga, cooking classes, health coaching and more.

Email: VRC@mcgregorinc.com



ONSITE WELL-BEING SERVICES

The VRC can come to you! On-site offerings include movement, education, cooking and stress reduction classes. Talk to your district to see if on-site services are scheduled at your site soon.

Email: VEBAwellbeing@mcgregorinc.com



CARE NAVIGATOR

The Care Navigator is there to support VEBA members who need the greatest amount of help. Care Navigators develop a tailored care management plan to keep members engaged and accountable in their health care. Convenient telephonic appointments are available.

Email: VRC@mcgregorinc.com

