



# An In-Depth Look at Qualifying Expenses



Do you ever wonder what meets the criteria of a qualifying expense in regards to your Flexible Spending Account (FSA)? Below, **Benefit Coordinators Corporation (BCC)** provides an in-depth, updated list of qualifying expenses that are eligible for reimbursement. If you have questions regarding potentially qualifying expenses not listed here, please contact our customer service staff.

## Eligible Expenses

- Abortion
- Acupuncture
- Adoption, pre-adoption medical expenses
- Alcoholism treatment
- Ambulance
- Artificial limbs
- Artificial teeth
- Asthma treatments
- Bandages, elastic, gauze pads, liquid adhesives for small cuts
- Blood pressure monitoring devices
- Breast pumps and lactation supplies
- Carpal tunnel wrist supports
- Chiropractors
- Circumcision
- Co-insurance amounts
- Cold/hot packs
- Contact lenses, materials and equipment
- Contraceptives
- Co-payments
- Crutches
- Deductibles
- Dental sealants
- Dental treatment (excludes cosmetic procedures)
- Dentures and denture adhesives
- Drug addiction/overdose treatment
- Egg donor fees
- Eye examinations and eyeglasses
- First aid (creams and kits)
- Flu shots
- GIFT (Gamete Intra-Fallopian Transfer)
- Guide dog
- Hearing aids
- Hospital services
- Immunizations
- Laboratory fees
- Lasik eye surgery
- Medical information plan charges
- Medical monitoring and testing devices
- Medical records charges
- Norplant insertion or removal
- Obstetrical expenses
- Occlusal guards to prevent teeth grinding
- Operations (excludes cosmetic procedures)
- Organ donors
- Osteopath fees
- Oxygen
- Physical exams
- Physical therapy
- Preventive care screenings
- Prosthesis
- Psychiatric care
- Radial keratotomy
- Shipping and handling fees
- Sterilization procedures
- Taxes on medical services and products
- Thermometers
- Transplants
- Transportation expenses for person to receive medical care
- Usual and customary charges, excess
- Vaccines
- Viagra
- Walkers
- Wheelchair
- X-ray fees

## Expenses Requiring Letter of Medical Necessity

- Arthritis gloves
- Braille books and magazines
- Breast reconstruction surgery following mastectomy
- Chelation therapy
- Fluoridation devices or services
- Learning disability, instructional fees
- Massage therapy
- Medical alert bracelet or necklace
- Patterning exercise
- Television or telephone for hearing impaired persons

## Expenses Requiring Medical Prescription

- Allergy medicine
- Analgesics
- Antacids
- Antibiotic ointments
- Antihistamines
- Anti-itch creams
- Aspirin
- Bactine
- Calamine lotion
- Claritin
- Cold medicine
- Decongestants
- Diabetic supplies
- Diaper rash ointments and creams
- Diarrhea medicine
- Dietary supplements
- Ear wax removal products
- Expectorants
- Eye drops
- Fever-reducing medications
- Headache medications
- Hemorrhoid treatments
- Herbs
- Insect bite creams and ointments
- Laxatives
- Menstrual pain relievers
- Motion sickness pills
- Nicotine gum or patches
- Pain relievers
- Pregnancy test kits
- Rubbing alcohol Sinus medications
- Sleep deprivation treatment
- Smoking cessation medications and programs
- Sunburn creams and ointments
- Sunscreen with high SPF
- Toothache and teething pain relievers
- Vitamins
- Wart remover treatments
- Yeast infection medications