

Associate in Arts in Kinesiology for Transfer Degree:

The Associate in Arts in Kinesiology for Transfer Degree is intended for students who plan to complete a bachelor's degree in Kinesiology or a related major in the California State University (CSU) system. It is accepted by some but not all CSU campuses. Students who complete this degree and transfer to a participating CSU campus will be required to complete no more than 60 units after transfer to earn a bachelor's degree. It may not be appropriate preparation for students transferring to a CSU campus that does not accept the degree. Students who plan to complete this degree should consult a counselor for additional information about participating CSU campuses as well as university admission, degree and transfer requirements.

NOTE: Students intending to transfer into this major at any CSU should consult with a counselor and visit www.assist.org for guidance on appropriate transfer coursework.

General Education: In addition to the courses listed above, students must complete one of the following general education options:

- The IGETC pattern is accepted by all CSU campuses and most UC campuses and majors. It is also accepted by some private/independent or out of state universities.
- The CSU GE pattern is accepted by all CSU campuses and some private/independent or out of state universities. It is not accepted by the UC system.

It is strongly recommended that students consult with a counselor to determine which general education option is most appropriate for their individual educational goals.

Electives as needed to meet minimum of 60 CSU-transferable units required for the degree.

* Course also fulfills general education requirements for the CSU GE or IGETC pattern.

The following is required for all AA-T or AS-T degrees:

- Completion of 60 CSU-transferable semester units. No more than 60 units are required.

- Minimum grade point average (GPA) of at least 2.0 in all CSU-transferable coursework. While a minimum of 2.0 is required for admission, some CSU campuses and majors may require a higher GPA. Please see a counselor for more information.
- Completion of a minimum of 18 semester units in an "AA-T" or "AS-T" major (see list below). All courses in the major must be completed with a grade of "C" or better.
- Certified completion of the California State University General Education-Breadth pattern (CSU GE; see catalog for more information); OR the Intersegmental General Education Transfer Curriculum pattern (IGETC; see catalog for more information).

Electives as needed to meet maximum of 60 CSU-transferable units required for the degree.

Goals

The Associate in Arts in Kinesiology for Transfer Degree is intended for students who plan to complete a bachelor's degree in Kinesiology or a related major in the California State University (CSU) system. It is accepted by some but not all CSU campuses. Students who complete this degree and transfer to a participating CSU campus will be required to complete no more than 60 units after transfer to earn a bachelor's degree. It may not be appropriate preparation for students transferring to a CSU campus that does not accept the degree. Students who plan to complete this degree should consult a counselor for additional information about participating CSU campuses as well as university admission, degree and transfer requirements.

Career Options

Careers related to this field typically require education beyond the associate degree level and some may require a graduate degree.

Courses Required for the Major:		Units
BIOL 230	Human Anatomy*	4
BIOL 235	Human Physiology*	4
EXSC 241B	Introduction to Kinesiology	3

Select a minimum of one course from any three of the following areas for a maximum of 3 units:

Combatives

EXSC 147A	Kickboxing I – Fundamental	1
EXSC 148A	Martial Arts I – Fundamental	1

Fitness

EXSC 125A	Aerobic Dance I	1
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EXSC 125B	Aerobic Dance II	1
EXSC 125C	Aerobic Dance III	1
EXSC 125D	Aerobic Dance IV	1
EXSC 127A	Cardio Kickboxing I – Fundamentals	1
EXSC 129A	Step Aerobics I – Fundamentals	1
EXSC 135A	Individual Conditioning I – Fundamentals	1
EXSC 139A	Weight Training I	1
EXSC 139B	Weight Training II	1
EXSC 139C	Weight Training III	1
EXSC 139D	Weight Training IV	1
EXSC 145A	Yoga I – Fundamentals of Yoga	1

Individual Sports

EXSC 154A	Badminton I	1
EXSC 166A	Golf I	1
EXSC 178A	Tennis I	1

Team Sports

EXSC 158A	Basketball I	1
EXSC 174A	Soccer I	1
EXSC 176A	Softball I	1
EXSC 182A	Volleyball I	1

Select two of the following courses (minimum 8 units)

CHEM 200	General Chemistry I – Lecture	3
	and	
CHEM 200L	General Chemistry I – Laboratory	2
MATH 119	Elementary Statistics	or
PSYC 258	Behavioral Science Statistics	3

Total Units = 22

For graduation requirements see **Requirements for the Associate Degree** on page 97.