

A. NAME OF AGENDA ITEM

Consideration and approval of new or revised courses and programs.

B. STATEMENT OF ISSUE/PURPOSE

1. Background and Purpose:

Sections 55002, 55130 and 55150 of Title 5 requires the local district governing board approve degree-applicable credit courses, nondegree-applicable credit courses, noncredit courses, community services offerings, and credit and noncredit programs.

The following curriculum changes are proposed for the San Diego Community College District for City College, Mesa College, Miramar College or Continuing Education:

Administration of Justice

Adoption of five course deactivations at Miramar College. **(Attachment A)**

Automotive Technology

Adoption of a course deactivation at Miramar College. **(Attachment B)**

Exercise Science

Adoption of four new courses at City College. **(Attachment C)**

Exercise Science

Adoption of nine new courses at City and Mesa College. **(Attachment D)**

Exercise Science

Adoption of 24 new courses at City, Mesa and Miramar College. **(Attachment E)**

Exercise Science

Adoption of 15 new courses at Mesa College. **(Attachment F)**

Exercise Science

Adoption of six new courses at Mesa and Miramar College. **(Attachment G)**

Exercise Science

Adoption of a new course at Miramar College. **(Attachment H)**

Child Development

Adoption of a program revision at City College. **(Attachment I)**

Child Development

Adoption of a program revision at Mesa College. **(Attachment J)**

Otto W. K. Lee, Ed.D.  
Vice Chancellor  
Instructional Services

COURSES AND PROGRAMS

09/26/13

Liberal Arts and Sciences

Adoption of a program revision at City College. (**Attachment K**)

Liberal Arts and Sciences

Adoption of a program revision at Mesa College. (**Attachment L**)

2. Cost and Funding

There is no additional cost to the District.

C. PROPOSAL

The Board of Trustees hereby grants authority to take the action outlined in Part A.

Otto W. K. Lee, Ed.D.  
Vice Chancellor  
Instructional Services

Administration of Justice

ACTION

Adoption of a five course deactivations at Miramar College.

Proposed course deactivations at Miramar College:

**371 P.O.S.T Certified Regular Basic Course  
Module Format, Level I  
272 - 306 hours lecture, 72 - 81 hours lab, 18.5  
units  
Grade Only**

*Prerequisite:* Level II and Level III Modules, current (last 3 years) First Aid and CPR training, current PC832 training and successfully passing the P.O.S.T. constructed Level I Entrance Examination.

This course is designed for current Level II reserve peace officers. Upon successful completion of this course, Level II reserve peace officers will have met P.O.S.T. minimum standards of training and will be eligible for full time peace officer employment. Course work will include subjects addressing social issues and skill proficiency training in vehicle operations, firearms, chemical agents, defensive tactics, investigative report writing, traffic accident investigations, physical fitness, patrol techniques, and responding to crimes in progress. (FT) Associate Degree Credit only and not Transferable.

**372 P.O.S.T Certified Regular Basic Course  
Module Format, Level II  
176 - 198 hours lecture, 48 - 54 hours lab, 12  
units  
Grade Only**

*Prerequisite:* Level III Module, current (within the last 3 years) in First Aid and CPR training and current PC 832 training.

Prepares the student to become a back-up officer in the field. Emphasis of the course is on the subjects of Investigative Report Writing, Arrest and Control/Baton, Firearms/Chemical Agents Patrol Procedures, Cultural Diversity/Discrimination. Completion of the course meets P.O.S.T. requirements for Level II Reserve status. Associate Degree Credit only and not Transferable.

**373 P.O.S.T. Certified Regular Basic Course  
Module Format, Level III, P.C. 832 (Part 1)  
56 - 63 hours lecture, 3.5 units  
Grade Only**

This course meets the P.O.S.T. requirements of 832 P.C., which includes Professional Orientation, Ethics, Criminal Justice System, Community Relations, Introduction to Criminal Law, Laws of Arrest, Search and Seizure, Presentation of Evidence, Investigative Report Writing, Use of Force, Preliminary Investigation, Arrest and Control, Firearms and Justice System Crimes. (FT) Associate Degree Credit only and not Transferable.

**374 P.O.S.T. Certified Regular Basic Course  
Module Format, Level III, P.C. 832 (Part 2)**

**96 - 108 hours lecture, 48 - 54 hours lab, 7  
units**

**Grade Only**

*Prerequisite:* Arrest and Firearms components of the PC 832 course. Current P.C. 832 training. Prepares student to become a second partner in a patrol assignment capacity. Police authority only for the duration of the person's specific assignment. Emphasis of the course is on the subjects of Arrest and Control, First Aid and CPR, Vehicle Operations, Patrol Procedures and Report Writing. Completion of the course meets P.O.S.T. requirements for Level III Reserve status. Associate Degree Credit only and not Transferable.

**375 Community Service Officer Academy**

**80 - 90 hours lecture, 240 - 270 hours lab, 10  
units**

**Grade Only**

This course of instruction is designed for students planning public safety careers as community service officers. The course will be delivered in a non-traditional manner where students are expected to attend 40 hours per week for eight weeks. Among the areas of emphasis provided are Administration of Justice System, Ethics, Introduction to Criminal Law, Drug Identification and Impairment Recognition, Laws of Evidence, Report Writing, Vehicle Operations, Traffic Accident Investigation, First Aid/CPR, and Courtroom Procedures. Upon successful completion of the academy program, students may petition for waiver of Administration of Justice 101. (FT) Associate Degree Credit only and not Transferable.

ACTION

Adoption of a course deactivation at Miramar College.

Proposed course deactivation at Miramar College:

**296 Individualized Instruction in Automotive Technology**

**24 - 108 hours other, 0.5-2 units**

**Pass/No Pass**

*Limitation on Enrollment:* Concurrent enrollment in an approved course of the same discipline is required. The instructor of the related course will supply Add Code to the student, which permits registration in the course. This course provides supplemental instruction to reinforce achievement of the learning objectives of a course in the same discipline under the supervision of the instructor of the designated course. Learning activities may employ a variety of self-paced multimedia learning systems, language labs, print and electronic resources, laboratory, or field research arrangements, to assist student in reaching specific learning objectives. This open entry/open exit course is offered concurrently with designated courses. (FT) Associate Degree Credit & transfer to CSU.

ACTION

Adoption of four new courses at City College.

Proposed new courses at City College:

**129B Step Aerobics II - Beginning Level**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 129A with a grade of "C" or better, or equivalent.

This is the second of four levels of classes relating to basic step aerobics. Step aerobics is a rigorous exercise course designed to increase both the fitness levels of participating students and their understanding of what constitutes a safe and effective exercise program. Instruction includes a balanced exercise program of basic step routines, toning, stretching, and relaxation along with discussion of related health topics. This class is designed for those who want to increase cardiovascular fitness by using stepping action and for those who are interested in creating their own basic fitness programs. (FT) Associate Degree Credit & transfer to CSU.

**129C Step Aerobics III - Intermediate Level**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 129B with a grade of "C" or better, or equivalent Basic Step Aerobics.

This is the third of four levels of classes relating to intermediate step aerobics. Step aerobics is a rigorous exercise course designed to increase both the fitness levels of participating students and their understanding of what constitutes a safe and effective exercise program. Instruction includes a balanced exercise program of intermediate step aerobics, toning, stretching, and relaxation along with discussion of related health topics. This class will teach the students how to design their own fitness program. This class is designed for those who want to increase cardiovascular fitness and who are interested in understanding the importance of the fitness aspect of their life. (FT) Associate Degree Credit & transfer to CSU.

**129D Step Aerobics IV - Advanced Level**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 129C with a grade of "C" or better, or equivalent Intermediate Step Aerobics.

This is the fourth of four levels of classes relating to advanced step aerobics. Step aerobics is a rigorous exercise course designed to increase both the fitness levels of participating students and their understanding of what constitutes a safe and effective exercise program. Instruction includes a balanced exercise program of advanced step aerobics, toning, stretching, and relaxation along with discussion of related health topics. This class is designed for those who want to increase cardiovascular fitness and who are interested in creating fitness and choreographed routines. (FT) Associate Degree Credit & transfer to CSU.

**143B Outdoor Cycling Level II**

**48 - 108 hours lab, 1-2 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 143B with a grade of "C" or better, or equivalent.

This course provides instruction in the skills required for outdoor cycling. Emphasis is placed on proper warm-up and warm down, cycling form, building endurance, ascending and descending hills, and bicycle maintenance. Students design a personal fitness plan around outdoor cycling. This course is intended for all students interested in cycling and personal fitness. (FT) Associate Degree Credit & transfer to CSU.

ACTION

Adoption of nine new courses at City and Mesa College.

Proposed new courses at City and Mesa College:

**127B Cardio Kickboxing II - Beginning Level**  
**32 - 54 hours lab, 0.5-1 units**  
**Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 127A with a grade of "C" or better, or equivalent.

This is the second of four levels of classes relating to cardio kickboxing. This course covers cardiorespiratory fitness combined with basic non-contact kickboxing techniques, practices and principles. Instruction includes cardio kickboxing techniques, basic terminology, nutrition and routine guidelines. This class is designed for those who want to increase cardiovascular fitness and who are interested in understanding the importance of the fitness aspect of their life. (FT) Associate Degree Credit & transfer to CSU.

**127C Cardio Kickboxing III - Intermediate Level**  
**32 - 54 hours lab, 0.5-1 units**  
**Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 127B with a grade of "C" or better, or equivalent.

This is the third of four levels of classes relating to cardio kickboxing. This course covers cardiorespiratory fitness combined with intermediate non-contact kickboxing techniques, practices and principles. Instruction includes intermediate cardio kickboxing techniques, basic terminology, nutrition and routine guidelines. This class is designed for those who want to increase cardiovascular fitness and who are interested in understanding the importance of the fitness aspect of their life and learn how to create a nutrition and intermediate fitness routine. (FT) Associate Degree Credit & transfer to CSU.

**127D Cardio Kickboxing IV - Advanced Level**  
**32 - 54 hours lab, 0.5-1 units**  
**Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 127C with a grade of "C" or better, or equivalent.

This is the fourth of four levels of classes relating to cardio kickboxing. This course covers cardiorespiratory fitness combined with advanced kickboxing techniques, practices and principles. Instruction includes advanced non-contact cardio kickboxing techniques, terminology, nutrition and routine guidelines. This class is designed for those who want to increase cardiovascular fitness and who are interested in understanding the importance of the fitness aspect of their life and learn how to create a nutrition and fitness routine. (FT) Associate Degree Credit & transfer to CSU.

**156B Baseball II**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 156A with a grade of "C" or better, or equivalent.

This beginning level course in baseball is designed to continue the skill development in baseball and to introduce students to the concepts of wellness and a healthy lifestyle through baseball activities. Emphasis is placed on the batting stance and batters swing techniques, including balance, base, front side direction, contact position, and vision. Topics include ball flight, pitch selection, location recognition, count management, body weight transition, and contact point. Baseball fitness is included and encompasses cardio conditioning, plyometrics, and stretching as they pertain to the sport. This course is intended for intermediate level baseball players. When this course is offered three hours per week, the additional time is utilized for hitting development drills. (FT) Associate Degree Credit & transfer to CSU.

**156C Baseball III**

**32 - 54 hours lab, 0.5-0.1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 156B with a grade of "C" or better, or equivalent.

This intermediate-advanced level course in baseball provides instruction and practice in specialty defense such as bunt coverages, cuts and relays, first and third situations, and pick-off plays. Students practice and analyze specialty defensive situations to improve overall defensive awareness on the baseball field and to become a more well-rounded defensive player. Topics include terminology, pre-pitch preparation, foot work, body position before and during game play, and the fundamentals of playing catch. Baseball fitness includes cardio conditioning, plyometrics, and stretching as they pertain to the sport. This course is intended for intermediate-advanced level baseball players. When this course is offered three hours per week, the additional time is utilized for the development in specialty defensive drills. (FT) Associate Degree Credit & transfer to CSU.

**156D Baseball IV**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 156C with a grade of "C" or better, or equivalent.

This advanced level course in baseball is designed for students to apply both offensive and defensive baseball skills in competition. Emphasis is placed on instruction and practice in game situations through inner squad games arranged between teams made up of class members. The mental aspect of the game is explored and applied throughout the course. This course is intended for advanced baseball players. When this course is offered for three hours per week, the additional time is utilized for situational drills and study of the mental aspect of the game of baseball. (FT) Associate Degree Credit & transfer to CSU.

**166B Golf II**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 166A with a grade of "C" or better, or equivalent.

This course provides golf instruction and practice. Emphasis is placed on techniques of the full swing with irons, hybrids, fairway metals and drivers. Topics include golf fitness, stretching and the principles of warm-up as well as golf club selection and use. This course is designed for all students interested in playing golf as part of a fitness lifestyle. (FT) Associate Degree Credit & transfer to CSU.



**166C Golf III**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 166B with a grade of "C" or better, or equivalent.

This course provides golf instruction and practice. Emphasis is placed on specialty shots, such as sand, side hill and up and down hill lies. The fundamental errors in golf are analyzed to correct individual errors focusing on swing techniques and the mental approach to the game. Topics include the laws of ball flight, the swing plane, and wise use of practice time. This course is designed for all students interested in playing golf as part of a fitness lifestyle. (FT) Associate Degree Credit & transfer to CSU.

**166D Golf IV**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 166C with a grade of "C" or better, or equivalent.

This course provides golf instruction and practice. Emphasis is placed on playing strategies, analysis of golf rounds for strengths and weaknesses, student analysis of several different golf swings, and the handicap system. Stroke and Match plays are arranged between class members to develop playing strategies in competition. This course is designed for all students interested in playing golf as part of a fitness lifestyle and for competition. (FT) Associate Degree Credit & transfer to CSU.

ACTION

Adoption of 24 new courses at City, Mesa and Miramar College.

Proposed new courses at City, Mesa and Miramar College:

**115B Water Exercise II**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 115A with a grade of "C" or better, or equivalent.

This course provides introductory level students with beginning level knowledge and practice in the fundamental elements of fitness through the application of water resistance and buoyancy. Emphasis is placed on a variety of water exercises for cardiorespiratory fitness, muscular strength, endurance and flexibility. This course is the second in a series of four water exercise courses. It is intended for students seeking to develop beginning physical fitness habits or low impact/rehabilitative physical fitness exercise techniques. (FT) Associate Degree Credit & transfer to CSU.

**115C Water Exercise III**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 115B with a grade of "C" or better, or equivalent.

This course provides beginning level students with intermediate level knowledge and practice in the fundamental elements of fitness through the application of water resistance and buoyancy. Emphasis is placed on flexibility. Also included is a variety of water exercises for cardiorespiratory fitness, muscular strength, and endurance. This course is the third in a series of four water exercise courses. It is intended for students seeking to develop intermediate physical fitness habits or low impact/rehabilitative physical fitness exercise techniques. (FT) Associate Degree Credit & transfer to CSU.

**115D Water Exercise IV**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 115C with a grade of "C" or better, or equivalent.

This course provides intermediate level students with advanced level knowledge and practice in the fundamental elements of fitness through the application of water resistance and buoyancy. Emphasis is placed on muscular strength/endurance. Also included is a variety of water exercises for cardiorespiratory fitness and flexibility. This course is the fourth in a series of four water exercise courses. It is intended for students seeking to develop advanced physical fitness habits or low impact/rehabilitative physical fitness exercise techniques. (FT) Associate Degree Credit & transfer to CSU.

**145B Yoga II-Beginning Yoga**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 145A with a grade of "C" or better, or equivalent.

This is the second of four levels of classes relating to yoga. This course is an introduction to fundamentals of basic yoga practices and principles. Instruction includes basic yoga postures, guided relaxations, and breathing practices, as well as some basic stress reduction techniques. This course is designed for students interested in utilizing basic yoga and stress reduction techniques to help increase their health and longevity. (FT) Associate Degree Credit & transfer to CSU.

**145C Yoga III-Intermediate**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 145B with a grade of "C" or better, or equivalent.

This is the third of four levels of classes relating to yoga. This course will cover intermediate yoga practices and principles including some intermediate inversions. Instruction includes intermediate yoga postures, guided relaxations, basic inversions, breathing practices, and basic partner yoga as well as stress reduction techniques and nutritional analysis. This course is designed for students interested in learning about both fitness and nutrition. The students will utilize intermediate yoga to help increase their health and longevity. (FT) Associate Degree Credit & transfer to CSU.

**145D Yoga IV - Advanced Level**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 145C with a grade of "C" or better, or equivalent.

This is the fourth of four levels of classes relating to yoga. This course will cover advanced yoga practices and principles. Instruction includes advanced yoga postures, guided relaxations, inversions, breathing practices, and partner yoga as well as stress reduction techniques and nutritional analysis. This course is designed for students interested in developing their own workout regime utilizing advanced yoga to help increase their health and longevity. (FT) Associate Degree Credit & transfer to CSU.

**147B Kickboxing II-Beginning**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 147A with a grade of "C" or better, or equivalent.

This course is a study and practice of Muay Thai kickboxing at the beginning level. Emphasis is placed on beginning kickboxing terminology, safety, physical fitness, controlled sparring, and line combinations. This course is intended for all students interested in beginning level kickboxing with respect to the Muay Thai discipline. (FT) Associate Degree Credit & transfer to CSU.

**147C Kickboxing III-Intermediate**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 147B with a grade of "C" or better, or equivalent.

This course is a study and practice of Muay Thai kickboxing at the intermediate level. Emphasis is placed on intermediate kickboxing terminology, safety, physical fitness, controlled sparring, and line combinations. This course is intended for all students interested in intermediate level kickboxing with respect to the Muay Thai discipline. (FT) Associate Degree Credit & transfer to CSU.

**147D Kickboxing IV-Advanced**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 147C with a grade of "C" or better, or equivalent.

This course is a study and practice of Muay Thai kickboxing at the advanced level. Emphasis is placed on advanced kickboxing terminology, safety, physical fitness, controlled sparring, and line combinations. This course is intended for all students interested in advanced level kickboxing with respect to the Muay Thai discipline. (FT) Associate Degree Credit & transfer to CSU.

**148B Martial Arts II-Beginning**  
**32 - 54 hours lab, 0.5-1 units**  
**Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 148A with a grade of "C" or better, or equivalent.

This course is a study and practice of martial arts at the beginning level. Emphasis is placed on beginning level martial arts terminology, safety, self-defense, etiquette, punches, blocks, strikes, kicks, stances, pressure points, and Kata/forms. This course is intended for all students interested in the fundamentals of martial arts with respect to the International Okinawan Goju-Ryu Karate-Do Federation (IOGKF). (FT) Associate Degree Credit & transfer to CSU.

**148C Martial Arts III-Intermediate**  
**32 - 54 hours lab, 0.5-1 units**  
**Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 145D with a grade of "C" or better, or equivalent.

This course is a study and practice of martial arts at the intermediate level. Emphasis is placed on intermediate level martial arts terminology, safety, self-defense, etiquette, punches, blocks, strikes, kicks, stances, pressure points, and Kata/forms. This course is intended for all students interested in the fundamentals of martial arts with respect to the International Okinawan Goju-Ryu Karate-Do Federation (IOGKF). (FT) Associate Degree Credit & transfer to CSU.

**148D Martial Arts IV-Advanced**  
**32 - 54 hours lab, 0.5-1 units**  
**Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 148C with a grade of "C" or better, or equivalent.

This course is a study and practice of martial arts at the advanced level. Emphasis is placed on advanced level martial arts terminology, safety, self-defense, etiquette, punches, blocks, strikes, kicks, stances, pressure points, and Kata/forms. This course is intended for all students interested in the fundamentals of martial arts with respect to the International Okinawan Goju-Ryu Karate-Do Federation (IOGKF). (FT) Associate Degree Credit & transfer to CSU.

**154B Badminton II**  
**32 - 54 hours lab, 0.5-1 units**  
**Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 154A with a grade of "C" or better or equivalent.

This course provides instruction and on-court experience in the skills, strategies, rules and behaviors necessary to play badminton at the beginning level. Instruction includes the strokes, skills, strategies, rules, and etiquette necessary to play badminton at the intermediate level. This course is intended for intermediate level badminton players. When this course is offered for three hours per week, the additional time is utilized for stroke development drills and application of strategies in playing situations. (FT) Associate Degree Credit & transfer to CSU.

**154C Badminton III**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 154B with a grade of "C" or better or equivalent.

This course provides instruction and on-court experience in the skills, strategies, rules and behaviors necessary to play badminton at the intermediate level. Instruction includes the strokes, skills, strategies, rules, and etiquette necessary to play badminton at the advanced-intermediate level. This course is intended for advanced-intermediate level badminton players. When this course is offered for three hours per week, the additional time is utilized for stroke development drills and application of strategies in playing situations. (FT) Associate Degree Credit & transfer to CSU.

**154D Badminton IV**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 154C with a grade of "C" or better or equivalent.

This course provides instruction and on-court experience in the skills, strategies, rules and behaviors necessary to play badminton at the advanced level. Instruction includes the strokes, skills, strategies, rules, and etiquette necessary to play badminton at the advanced level. This course is intended for advanced level badminton players. When this course is offered for three hours per week, the additional time is utilized for stroke development drills and application of strategies in playing situations. (FT) Associate Degree Credit & transfer to CSU.

**158B Basketball II**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 158A with a grade of "C" or better, or equivalent.

This course provides students the opportunity to improve individual beginning skills and introduces individual offensive moves and team concepts. Topics include transition basketball, team offense and defense as well as theories of basketball conditioning. Emphasis is placed on 5 - 5 play and full court situations and strategies of team play. This class is designed for those with a basic knowledge and ability to play basketball. When this course is offered for three hours per week, the additional time is utilized on individual development of technique and performance. (FT) Associate Degree Credit & transfer to CSU.

**158C Basketball III**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent or Assessment Skill Level W5/R5; Exercise Science 158B with a grade of "C" or better, or equivalent.

This course provides students the opportunity to improve individual intermediate skills through self analysis of strengths and weaknesses and introduces full court pressure play. Students are expected to write programs to improve individual skills. Topics include full court zone and man pressure, full court offense and specialty plays. Emphasis is placed on skill work drills, 5-5 play and full court situations. This class is designed for those that have above an intermediate knowledge and skill level in basketball. When this course is offered for three hours per week, the additional time is utilized on individual analysis of technique and performance. (FT) Associate Degree Credit & transfer to CSU.

**158D Basketball IV**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 158C with a grade of "C" or better, or equivalent.

This course provides students the opportunity to develop technical skills necessary to coach the game of basketball and stresses the development of advanced skills and team play. Topics include analysis of team play, writing a practice plan, how to scout an opponent and evaluation of individual play. Emphasis is placed on skill work drills and full court tournament play. This class is designed for those that have an intermediate knowledge of basketball and possess an advanced skill level. When this course is offered for three hours per week, the additional time is utilized on individual analysis of technique and performance. (FT) Associate Degree Credit & transfer to CSU.

**176B Softball II**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 176A with a grade of "C" or better, or equivalent.

This course provides instruction to continue the development of the beginning skills of throwing, catching, running, hitting, and rules of play of softball as well as individual and team skill development and strategies involved in competitive game situations. This course is intended for all students interested in softball. (FT) Associate Degree Credit & transfer to CSU.

**176C Softball III**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 176B with a grade of "C" or better, or equivalent.

This course provides instruction to develop the intermediate skills of throwing, catching, running, hitting, and rules of play of softball, as well as, individual and team skill development and strategies involved in competitive game situations. This course is intended for all students interested in softball. (FT) Associate Degree Credit & transfer to CSU.

**176D Softball IV**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 176C with a grade of "C" or better, or equivalent.

This course provides instruction to develop the advanced skills of throwing, catching, running, hitting and rules of play of softball, as well as, advanced individual and team skill development and strategies involved in competitive game situations. This course is intended for all students interested in softball. (FT) Associate Degree Credit & transfer to CSU.

**182B Volleyball II**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 182A with a grade of "C" or better, or equivalent.

This course provides instruction and on-court experience in beginning skills, offensive and defensive strategies, rules and etiquette necessary to play volleyball. This course covers beginning skills utilized in game situations. When this course is offered for three hours per week, the additional time is utilized for skill development and court strategy. (FT) Associate Degree Credit & transfer to CSU.

**182C Volleyball III**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 182B with a grade of "C" or better, or equivalent.

This third level of volleyball provides instruction and on-court experience in intermediate level skills, offensive and defensive strategies, rules and etiquette necessary to play volleyball. The course covers intermediate skills utilized in game situations. This course is intended for all students interested in playing volleyball and general physical fitness. When this course is offered for three hours per week, the additional time is utilized for skill development and court strategy. (FT) Associate Degree Credit & transfer to CSU.

**182D Volleyball IV**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 182C with a grade of "C" or better, or equivalent.

This fourth level of volleyball provides instruction and on-court experience in advanced skills, offensive and defensive strategies, rules and etiquette necessary to play volleyball. The course covers advanced skills utilized in game situations. This course is intended for all students interested in playing volleyball and general physical fitness. When this course is offered for three hours per week, the additional time is utilized for skill development and court strategy. (FT) Associate Degree Credit & transfer to CSU.

ACTION

Adoption of 15 new courses at Mesa College.

Proposed new courses at Mesa College:

**160B Springboard Diving II**  
**32 - 54 hours lab, 0.5-1 units**  
**Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 160A with a grade of "C" or better, or equivalent.

This course is the beginning level of springboard diving with progressive skill development in performing dives from five different categories. Standardized skill progressions are used for level two forward, backward, inward, reverse and twisting dives with a somersault. This course is intended for all students interested in springboard diving. (FT) Associate Degree Credit & transfer to CSU.

**160C Springboard Diving III**  
**32 - 54 hours lab, 0.5-1 units**  
**Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 160B with a grade of "C" or better, or equivalent.

This course is the intermediate level of springboard diving with progressive skill development in performing dives from five different categories. Standardized skill progressions are used for intermediate level three forward, backward, inward, reverse and twisting dives with one and a half somersaults. This course is intended for all students interested in springboard diving. When this course is offered for three hours per week, the additional time is utilized on individual analysis of technique and performance. (FT) Associate Degree Credit & transfer to CSU.

**160D Springboard Diving IV**  
**32 - 54 hours lab, 0.5-1 units**  
**Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 160C with a grade of "C" or better, or equivalent.

This course is the advanced level of springboard diving with progressive skill development in performing dives from five different categories. Standardized skill progressions are used for level four forward, backward, inward, reverse and twisting dives with two and a half to three and a half somersaults. This course is intended for all students interested in springboard diving. (FT) Associate Degree Credit & transfer to CSU.

**162B Fencing II**  
**32 - 54 hours lab, 0.5-1 units**  
**Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 162A with a grade of "C" or better, or equivalent.

This course is the second level of Fencing emphasizing beginning techniques of fencing with French foil. Simple and compound attacks, secondary attacks, counter attacks, circular parries and bouting are stressed in this class. Judging and directing of bouts are taught and implemented in the form of tournament matches. This course is intended for students interested in a lifetime sport, rich in tradition and gamesmanship. (FT) Associate Degree Credit & transfer to CSU.



**162C Fencing III**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 162B with a grade of "C" or better, or equivalent.

This course presents the intermediate techniques of fencing with French foil. Techniques such as inverse retreats and attacks and beats and disengage, and rules are covered. Judging and directing of bouts are taught and implemented in the form of tournament matches. Fencing etiquette and proper technique are stressed. This course is intended for students interested in a lifetime sport, rich in tradition and gamesmanship. (FT) Associate Degree Credit & transfer to CSU.

**162D Fencing IV**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 162C with a grade of "C" or better, or equivalent.

This course provides advanced technical and tactical instruction with the epee fencing blade. Footwork, advanced skill techniques and epee tournaments are covered. Tactical strategies for foil vs. epee fencing are analyzed and implemented into daily practice. This course is intended for students interested in a lifetime sport, rich in tradition and gamesmanship. (FT) Associate Degree Credit & transfer to CSU.

**164B Football II**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 164A with a grade of "C" or better, or equivalent.

This second level of football explores the beginning skills and techniques for team play including blocking, tackling, passing, catching, running, and offensive and defensive positioning at the intermediate level. Team skills as well as game strategies are covered. This course is intended for all students interested in playing the game of football. (FT) Associate Degree Credit & transfer to CSU.

**164C Football III**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 164B with a grade of "C" or better, or equivalent.

This third level of football explores the intermediate skills and techniques for team play including blocking, tackling, passing, catching, running, and offensive and defensive positioning at the intermediate-level. Team skills as well as game strategies are covered. This course is intended for all students interested in playing the game of football. (FT) Associate Degree Credit & transfer to CSU.

**164D Football IV**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 164C with a grade of "C" or better, or equivalent.

This fourth level of football explores the advanced skills and techniques for team play including blocking, tackling, passing, catching, running, and offensive and defensive positioning at the advanced level. Team skills as well as game strategies are covered. This course is intended for all students interested in playing the game of football. (FT) Associate Degree Credit & transfer to CSU.

**168B Men's Gymnastics II**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 168A with a grade of "C" or better, or equivalent.

This course is the second, beginning level of men's gymnastics with progressive skill development in performing routines for floor exercise, parallel bars, horizontal bar, vaulting, still rings and pommel horse. Emphasis is placed on gymnastics vocabulary, safety, injury prevention, balance and body alignment. This course is intended for all students interested in men's gymnastics. (FT) Associate Degree Credit & transfer to CSU.

**168C Men's Gymnastics III**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 168B with a grade of "C" or better, or equivalent.

This course is the third, intermediate level of men's gymnastics with progressive skill development in performing routines for floor exercise, parallel bars, horizontal bar, vaulting, still rings and pommel horse. Emphasis is placed on gymnastics vocabulary, safety, injury prevention, balance and body alignment. This course is intended for all students interested in men's gymnastics. (FT) Associate Degree Credit & transfer to CSU.

**168D Men's Gymnastics IV**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 168C with a grade of "C" or better, or equivalent.

This course is the fourth, advanced-level of men's gymnastics with progressive skill development in performing routines for floor exercise, parallel bars, horizontal bar, vaulting, still rings and pommel horse. Emphasis is placed on gymnastics vocabulary, safety, injury prevention, balance and body alignment. This course is intended for all students interested in men's gymnastics. (FT) Associate Degree Credit & transfer to CSU.

**170B Women's Gymnastics II**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 170A with a grade of "C" or better, or equivalent.

This course is the second, beginning level of women's gymnastics with progressive skill development in performing routines for floor exercise, uneven parallel bars, balance beam, and vault. Emphasis is placed on gymnastics vocabulary, safety, injury prevention, balance and body alignment. This course is intended for all students interested in women's gymnastics. (FT) Associate Degree Credit & transfer to CSU.

**170C Women's Gymnastics III**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 170B with a grade of "C" or better, or equivalent.

This course is an intermediate level of women's gymnastics with progressive skill development in performing routines for floor exercise, uneven parallel bars, balance beam, and vault. Emphasis is placed on gymnastics vocabulary, safety, injury prevention, balance and body alignment. This course is intended for all students interested in women's gymnastics. (FT) Associate Degree Credit & transfer to CSU.

**170D Women's Gymnastics IV**

**32 - 54 hours lab, 0.5-1 units**

**Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 170C with a grade of "C" or better, or equivalent.

This course is an advanced level of women's gymnastics with progressive skill development in performing routines for floor exercise, uneven parallel bars, balance beam, and vault. Emphasis is placed on gymnastics vocabulary, safety, injury prevention, balance and body alignment. This course is intended for all students interested in women's gymnastics. (FT) Associate Degree Credit & transfer to CSU.

ACTION

Adoption of six new courses at Mesa and Miramar College.

Proposed new courses at Mesa and Miramar College:

**114B Aquatic Fitness II**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 114A with a grade of "C" or better, or equivalent.

This course is the second in a series of aquatic fitness courses. This course provides instruction and conditioning for various beginning level aquatic activities. Topics include beginning personal aquatic workout design and implementation, aquatic interval training, heart rate monitoring, using a pace clock, and safety concerns and techniques. This course is intended for those starting at a beginning level of cardiovascular fitness. When this course is offered for three hours per week, the additional time is utilized for skill development and increased cardiovascular conditioning. (FT) Associate Degree Credit & transfer to CSU.

**114C Aquatic Fitness III**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 114B with a grade of "C" or better, or equivalent.

This course is the third in a series of aquatic fitness courses. This course provides instruction and conditioning for various intermediate level aquatic activities. Topics include analysis of personal health and lifestyle, intermediate level workout design, goal setting and motivation, body specific training for an aquatic environment, individual aquatic activities, and intermediate training types and safety concerns. This course is intended for those starting at an intermediate level of cardiovascular fitness. When this course is offered for three hours per week, the additional time is utilized for skill development and increased cardiovascular conditioning. (FT) Associate Degree Credit & transfer to CSU.

**114D Aquatic Fitness IV**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 114C with a grade of "C" or better, or better or equivalent.

This course is the fourth in a series of aquatic fitness courses. This course provides instruction and conditioning for various advanced aquatic activities. Topics include components of aquatic fitness, advanced workout design, aquatic training for specific races, strokes and events, aquatic training with advanced equipment, advanced aquatic conditioning terminology and nutrition and hydration principles. This course is intended for those starting at an advanced level of cardiovascular fitness. When this course is offered for three hours per week, the additional time is utilized for skill development and increased cardiovascular conditioning. (FT) Associate Degree Credit & transfer to CSU.

**184B Water Polo II**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 184A with a grade of "C" or better, or equivalent.

This course provides introductory level students with beginning level knowledge and practice in the sport of water polo. Emphasis is placed on beginning level water polo techniques and skills, including picking up a ball in the water, passing, receiving, shooting, dribbling, and playing in a game. Other topics include beginning level offensive and defensive positioning and movements; team strategies; and rules of play. This course is the second in a series of four water polo courses. It is intended for students interested in the sport of water polo. (FT) Associate Degree Credit & transfer to CSU.

**184C Water Polo III**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 184B with a grade of "C" or better, or equivalent.

This course provides beginning level students with intermediate level knowledge and practice in the sport of water polo. Emphasis is placed on intermediate level water polo techniques and skills, including picking up a ball in the water, passing, receiving, shooting, dribbling, and playing in a game. Other topics include intermediate level offensive and defensive positioning and movements; team strategies; and rules of play. This course is the third in a series of four water polo courses. It is intended for students who have been playing water polo for more than 6 months. (FT) Associate Degree Credit & transfer to CSU.

**184D Water Polo IV**

**32 - 54 hours lab, 0.5-1 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5; Exercise Science 184C with a grade of "C" or better, or equivalent.

This course provides intermediate level students with advanced level knowledge and practice in the sport of water polo. Emphasis is placed on advanced level water polo techniques and skills, including passing, receiving, shooting, dribbling, and playing in a game. Other topics include advanced level offensive and defensive positioning and movements; team strategies; and rules of play. This course is the fourth in a series of four water polo courses. It is intended for students who have been playing water polo for more than 12 months. (FT) Associate Degree Credit & transfer to CSU.

ACTION

Adoption of a new course at Miramar College.

Proposed new course at Miramar College:

**289 Injury Care and Prevention for Personal Trainers**

**32 - 36 hours lecture, 2 units  
Grade Only**

*Advisory:* English 47A or English 48 and English 49, each with a grade of "C" or better, or equivalent, or Assessment Skill Levels R5 and W5.

*Limitation on Enrollment:* This course is not open to students with previous credit for Physical Education 242, Physical Education 242B or Exercise Science 242B.

This course covers common acute and chronic injuries encountered by personal trainers. Topics include basic first aid, injury care and prevention and exercise modification. This course is designed for students in the Fitness Specialist Certificate Program. (FT) Associate Degree Credit & transfer to CSU.

ACTION

Adoption of a program revision at City College.

Proposed program revision at City College:

**Certificate of Performance  
School Age Child Care**

<b>Courses Required for the Major:</b>	<b>Units</b>
CHIL 100 Introduction to Child Development <b>or</b>	
CHIL 101 Human Growth and Development.....	3
CHIL 152 School Age Program Planning .....	3

**Select ~~two~~ courses six units from the following:**

	<b>Units</b>
<del>CHIL 185 Computer Usage with Young Children .....</del>	<del>3</del>
<u>EDUC 200 Teaching as a Profession <b>and</b></u>	
<u>EDUC 203 Service Learning for Prospective Teachers.....</u>	<u>3</u>
<u>EXSC 240 Physical Education in the Elementary Schools.....</u>	<u>3</u>
MATH 210A Concepts of Elementary School Mathematics I .....	3
MUSI 110 Music for Elementary School Teachers.....	3
<del>PHYE 240 Physical Education in the Elementary Schools.....</del>	<del>3</del>

**Total Units = 12**



ACTION

Adoption of a program revision at Mesa College.

Proposed program revision at Mesa College:

**Certificate of Achievement  
Master Teacher**

<b>Courses Required for the Major:</b>	<b>Units</b>
CHIL 101 Human Growth and Development.....	3
CHIL 111 Curriculum: Music/Motor Skills .....	3
CHIL 121 Creative Art.....	3
CHIL 131 Curriculum: Language/Science .....	3
CHIL 141 The Child, Family and Community...	3
CHIL 151 Program Planning.....	3
CHIL 180 Nutrition, Health and Safety for Children .....	3
<u>CHIL 215 Adult Supervision and Mentoring in Early Childhood Settings.....</u>	<u>3</u>
<u>CHIL 275 Supervised Field Study.....</u>	<u>1-3</u>

**AND—Select one of the following three options that is NOT part of your Specialization (see Specializations listed below) to complete the minimum 24-unit core requirement:—Units**

CHIL 160 Observing and Understanding Children <b>and</b>	
CHIL 161 Observations and Issues in Child Development <b>or</b>	
CHIL 165 Children With Special Needs <b>or</b>	
CHIL 175 Infant-Toddler Growth and Development.....	3-4
CHIL 215 Adult Supervision and Mentoring in Early Childhood Settings.....	3
CHIL 270 Work Experience <b>or</b>	
CHIL 275 Supervised Field Study.....	2-4

**AND—Select one of the following Specializations for a total of 6-7 units:—Units  
Guiding Young Children**

CHIL 160 Observing and Understanding Children .....	2
CHIL 161 Observations and Issues in Child Development.....	4
CHIL 162 Observing and Guiding Child —Behavior.....	3

**OR Family Life**

CHIL 160 Observing and Understanding Children .....	2
CHIL 161 Observations and Issues in Child Development.....	4
CHIL 188 Violence in the Lives of Children and Families .....	3

**Select one of the following Specializations:  
Guiding Young Children/Family Life Units**  
CHIL 160 Observing and Understanding Children  
and  
CHIL 161 Observations and Issues in Child  
Development.....4

**OR - Special Needs Units**  
CHIL 165 Children With Special Needs **and**  
CHIL 166 Special Needs Curriculum.....6

**OR - Infant/Toddler Units**  
CHIL 175 Infant-Toddler Growth and  
Development **and**  
CHIL 176 Principles of Infant/Toddler  
Caregiving.....6

**OR—School Age Units**  
CHIL 152 School Age Program Planning and  
Computer Usage with Young Children or  
MATH 210A Concepts of Elementary School  
Mathematics I or  
MUSI 110 Music for Elementary School  
Teachers or  
PHYE 240 Physical Education in the Elementary  
Schools.....3

**Total Units = 35-39 29-33**

ACTION

Adoption of a program revision at City College.

Proposed program revision at City College:

**Associate in Arts Degree  
Liberal Arts and Sciences with an  
Emphasis in Elementary (Multiple  
Subject) Teaching Preparation**

**Students should complete a minimum of 33 units in Elementary (Multiple Subject) Teaching Preparation courses:**

**Courses Required for the Major:                      Units**

AMSL 116 American Sign Language Level II...	4
ARAB 102 Second Course in Arabic .....	5
ARTF 100 Art Orientation .....	3
BIOL 107 General Biology-Lecture and Laboratory.....	4
BIOL 210A Introduction to the Biological Sciences I.....	4
BLAS 140A History of the U.S., Black Perspectives .....	3
BLAS 140B History of the U.S, Black Perspectives .....	3
CHIC 141A United States History from a Chicano Perspective.....	3
CHIC 141B United States History from a Chicano Perspective.....	3
CHIL 101 Human Growth and Development.....	3
COMS 103 Oral Communication .....	3
COMS 135 Interpersonal Communication .....	3
COMS 160 Argumentation.....	3
COMS 170 Small Group Communication.....	3
DANC 181 History of Dance .....	3
DRAM 103 Acting for Non-majors .....	3
DRAM 105 Introduction to Dramatic Arts.....	3
EDUC 200 Teaching as a Profession.....	2
EDUC 203 Service Learning for Prospective Teachers.....	1
ENGL 101 Reading and Composition .....	3
ENGL 105 Composition and Literature .....	3
ENGL 205 Critical Thinking and Intermediate Composition.....	3
ENGL 208 Introduction to Literature .....	3
ENGL 220 Masterpieces of World Literature I: 1500 BCE - 1600 CE .....	3
ENGL 221 Masterpieces of World Literature II: 1600 – Present.....	3
<u>EXSC 240 Physical Education in the Elementary Schools.....</u>	<u>3</u>
FREN 102 Second Course in French.....	5
GEOG 104 World Regional Geography.....	3

GEOL 101 Physical Geology Laboratory .....	1
GEOL 104 Earth Science .....	3
GERM 102 Second Course in German.....	5
HEAL 195 Health Education For Teachers.....	2
HIST 100 World History I.....	3
HIST 101 World History II .....	3
HIST 109 History of the United States I .....	3
HIST 110 History of the United States II.....	3
HUMA 106 World Religions .....	3
ITAL 102 Second Course in Italian.....	5
LIBS 101 Information Literacy and Research Skills .....	1
MATH 210A Concepts of Elementary School Mathematics I .....	3
MATH 210B Concepts of Elementary School Mathematics II.....	3
MATH 212 Children's Mathematical Thinking.....	1
MUSI 100 Introduction to Music .....	3
MUSI 108 The Business of Music .....	3
MUSI 109 World Music.....	3
MUSI 110 Music for Elementary School Teachers.....	3
MUSI 111 Jazz - History and Development.....	3
PHIL 100 Logic and Critical Thinking.....	3
PHIL 102A Introduction To Philosophy: Reality and Knowledge .....	3
PHIL 102B Introduction To Philosophy: Values .....	3
<del>PHIL 103 Historical Introduction To Philosophy .....</del>	<del>3</del>
PHIL 104A History Of Western Philosophy .....	3
PHIL 104B History of Western Philosophy .....	3
PHIL 205 Critical Thinking and Writing in Philosophy .....	3
<del>PHYE 240 Physical Education in the Elementary Schools.....</del>	<del>3</del>
PHYN 100 Survey of Physical Science.....	3
PHYN 101 Survey of Physical Science Laboratory.....	1
POLI 102 The American Political System .....	3
PSYC 101 General Psychology.....	3

Liberal Arts and Sciences

PSYC 230 Psychology of Lifespan	
Development.....	3
SPAN 101 First Course in Spanish.....	5
SPAN 102 Second Course in Spanish .....	5

Total Units = 33

ACTION

Adoption of a program revision at Mesa College.

Proposed program revision at Mesa College:

**Associate in Arts Degree  
Liberal Studies Elementary  
Education Preparation**

<b>Courses Required for the Major:</b>	<b>Units</b>
COMS 103 Oral Communication .....	3
EDUC 200 Teaching as a Profession.....	2
EDUC 203 Service Learning for Prospective Teachers.....	1
<u>EXSC 240 Physical Education in the Elementary Schools.....</u>	<u>3</u>
GEOG 104 World Regional Geography.....	3
GEOL 104 Earth Science .....	3
HIST 100 World History I.....	3
MATH 210B Concepts of Elementary School Mathematics II .....	3
MATH 212 Children's Mathematical Thinking.....	1
MUSI 110 Music for Elementary School Teachers.....	3
<del>PHYE 240 Physical Education in the Elementary Schools.....</del>	<del>3</del>

<b>Select one course from the following:</b>	<b>Units</b>
COMS 160 Argumentation <b>or</b>	
ENGL 205 Critical Thinking and Intermediate Composition <b>or</b>	
PHIL 100 Logic and Critical Thinking <b>or</b>	
PHIL 103 Historical Introduction to Philosophy <b>or</b>	
PHIL 205 Critical Thinking and Writing in Philosophy .....	3

<b>Select one course from the following:</b>	<b>Units</b>
ENGL 208 Introduction to Literature <b>or</b>	
ENGL 220 Masterpieces of World Literature I: 1500 BCE - 1600 CE <b>or</b>	
ENGL 221 Masterpieces of World Literature II: 1600 – Present.....	3

<b>Select one course from the following:</b>	<b>Units</b>
BLAS 140A History of the U.S., Black Perspectives <b>or</b>	
CHIC 141A United States History from a Chicano Perspective <b>or</b>	
HIST 109 History of the United States I .....	3

<b>Select one course from the following:</b>	<b>Units</b>
BLAS 140B History of the U.S, Black Perspectives <b>or</b>	
CHIC 141B United States History from a Chicano Perspective <b>or</b>	
HIST 110 History of the United States II <b>or</b>	
POLI 102 The American Political System .....	3

<b>Select one course from the following:</b>	<b>Units</b>
CHIL 101 Human Growth and Development <b>or</b>	
PSYC 101 General Psychology <b>and</b>	
PSYC 230 Psychology of Lifespan Development.....	3

**Total Units = 40-43**