



San Diego Community College District

# Mesa College Title IX Gender Equity Survey

November 2009

Prepared by:  
Office of Institutional Research and Planning

## Title IX Survey

The San Diego Community College District (SDCCD) Title IX Intercollegiate Sports Survey was conducted in accordance with the Title IX Equal Opportunity in Education Act to determine students' level of interest in intercollegiate athletics and whether the colleges are fulfilling the needs of their students. The survey was administered at the beginning of the Fall 2009 semester through an online survey program to all full-time students enrolled at Mesa College. Approximately 8,000 students were emailed an invitation to take the survey. The survey was open for approximately two weeks, from September 29, 2009 through October 13, 2009. Of the 8,000 students invited, 1,150 students completed the survey; a response rate of 14%. Of the total respondents, 1,102 reported that they were currently attending Mesa College, while 12% were simultaneously attending City College and 12% Miramar College.

Of the Mesa College students that responded, 55% were female (n=643) and 45% male (n=514), which is fairly consistent with the college-wide proportions (female 53% and male 47%). Although only full-time students were emailed invitations to participate in the survey, 4% of respondents classified themselves as part-time, which may be a result of dropping or withdrawing from classes after receiving the invitation. Students between the ages of 18 to 24 constituted the majority of respondents (68%), followed by ages 25 to 29 (17%), 30 to 34 (6%), 40 to 49 (4%), 35 to 39 (3%), and 50 years or older (2%).

Respondents were asked to indicate all of the intercollegiate sports that they currently participated in, or had participated in previously, at any of the colleges in the San Diego Community College District. Male and female respondents were directed to separate lists of sports that corresponded to their gender. The majority of Mesa College's respondents indicated that they had not participated in any of the sports listed on the survey (92% of female and 86% of male respondents). Of the female Mesa College students who responded (n=60) that they had participated in a sports program, 2% selected tennis and swimming/diving, 1% selected badminton, golf, soccer, softball, track/field, volleyball, and water polo. Of the male Mesa College students who responded (n=81) to this question, 4% selected football, 2% basketball, soccer, swimming/diving, or tennis, 1% selected baseball, cross country, golf, track and field, volleyball, or water polo.

When asked to select an intercollegiate sport that they would like to participate in using the gender specific list provided, 53% of female respondents and 41% of male respondents chose *None of the above*. The most common selection for female respondents who were interested in participating in sports were: swimming/diving and tennis (14%), followed by volleyball (13%), soccer (11%), badminton (9%), and softball (8%). The remaining five teams had 3% to 7% of respondents show interest. Popular responses among male respondents included soccer (18%), football (17%), basketball and golf (12% each), swimming/diving (11%), and track and field (10%). The remaining sports were basketball and tennis (9% each), volleyball (8%), cross country and water polo (5% each)

Students that chose not to participate in an intercollegiate sport, but were interested at some point while at one of the colleges, were asked to explain why they did not participate. The most common explanation from both male and female respondents was a busy schedule, followed by personal reasons and a lack of information about the availability of sports on campus. Other explanations for the lack of participation included a lack of interest in sports, health reasons and insufficient offerings or availability of sports.

The majority of female responses (50%) and male responses (45%) cited a busy schedule as the major reason why they did not participate in a college sport. Among responses that contributed to a busy schedule included a conflict with their work schedule, followed by a conflict with classes, being a full-time student, and placing academics as a priority above sports.

Approximately 13% of responses across genders indicated the reason why they chose not to participate in a sport was because of personal issues. Responses that were attributed to personal issues cited by males were a lack of experience in athletics, feeling too old and not having enough money to pay for equipment. Among females, the most common responses that attributed to personal issue was overwhelmingly a lack of experience in athletics, followed by not having enough money to buy equipment and feeling too old to compete.

Mesa College athletic department offers women's badminton, men's baseball, women's softball, men's/women's basketball, cross country, football, soccer, swimming/diving, tennis, track/field, volleyball and water polo. The responses among both genders was slightly mixed as 14% of males indicated the reason why they chose not to participate in athletics was because their sport of interest was not offered at Mesa, compared to only 4% of females. The most common sports of interest not offered at Mesa College among males that students would like to see were wrestling, lacrosse, and rugby. Among females the most common sports of interest not offered but would like to see were cheerleading, lacrosse, and hockey.

Another common theme among student responses was a general lack of awareness of intercollegiate athletics available to students. Males appeared to be more informed and aware of the different sports on campus. Approximately 11% of female and 7% of male responses indicated they did not know how to get involved or sign up for a sport and were not aware the sport existed on campus.

Finally, some responses indicated health issues as reasons why they chose not to participate in an intercollegiate sport. Approximately 14% of males and 5% of females indicated health issues such as an injury, being out of shape and a disability as reasons that kept them out of participation. Males more frequently cited injuries as the common reason whereas females more frequently identify being out of shape or overweight as the major reason for not participating.

The remaining responses that fell outside the common themes above were a general lack of interest among males and females in sports, no more athletic eligibility, focusing on other physical activities outside of team sports and too late to register.

# Title IX Survey 2009 Mesa

## Results Overview



Dear Student: In accordance with Title IX Equal Opportunity in Education Act, the San Diego Community College District is surveying students to determine interest in intercollegiate athletics. Your response to this survey is voluntary and will remain strictly confidential. The information we receive from this survey will help us improve our course offerings at our colleges. Thank you in advance for your participation.

Which college(s) are you currently attending? (check all that apply)

City College		138	12%
Mesa College		1102	96%
Miramar College		132	12%

What is your enrollment status?

Part-time student		49	4%
Full-time student		1095	96%
Total		1144	100%

Which is your age group?













18-24		771	68%
25-29		191	17%
30-34		68	6%
35-39		30	3%
40-49		49	4%
50 or more		27	2%
Total		1136	100%

What is your gender?










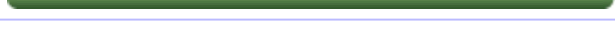
Female		634	55%
Male		514	45%
Total		1148	100%

Which intercollegiate sports would you like to participate in? (Female)

--	--	--	--

Badminton		53	9%
Basketball		40	7%
Cross Country		22	4%
Golf		25	4%
Soccer		66	11%
Softball		50	8%
Swimming/Diving		84	14%
Tennis		84	14%
Track/Field		43	7%
Volleyball		76	13%
Water Polo		15	3%
None of the above		318	53%

Check all of the intercollegiate sports you are currently participating in or have participated in previously at one of the colleges in the San Diego Community College District. (Female)

Badminton		6	1%
Basketball		2	0%
Cross Country		2	0%
Golf		3	1%
Soccer		3	1%
Softball		4	1%
Swimming/Diving		11	2%
Tennis		12	2%
Track/Field		4	1%
Volleyball		8	1%
Water Polo		5	1%
None of above		540	92%

Which intercollegiate sports would you like to participate in? (Male)

Baseball		44	9%
Basketball		57	12%
Cross Country		24	5%
Football		80	17%
Golf		56	12%
Soccer		82	18%
Swimming/Diving		51	11%

Tennis		42	9%
Track/Field		46	10%
Volleyball		37	8%
Water polo		22	5%
None of the above		192	41%

Check all of the intercollegiate sports you are currently participating in or have participated in previously at one of the colleges in the San Diego Community College District. (Male)

Baseball		5	1%
Basketball		9	2%
Cross Country		5	1%
Football		16	4%
Golf		5	1%
Soccer		8	2%
Swimming/Diving		10	2%
Tennis		9	2%
Track/Field		6	1%
Volleyball		4	1%
Water polo		4	1%
None of the above		383	86%

**Female Responses:** If at any time while at the college you were interested in participating in an intercollegiate sport but did not participate, please explain why you did not participate.

As a full time student who lives in Tijuana I do not have the time to stay for a sport, it's either my classes or a sport. I do however want to admit a sport next semester, when I will be living in San Diego

Bad time frame.

because i didn't have time

because i didn't know where to sign up

because i don't know i i would make it through the try outs and i am taking too many classes

because I don't like to play sports.

because i not enrolled

because i think all the ones that participate have skills already

Because I think that their team is already full because I haven't heard any thing about joining the soccer team for these reason I think that they don't need people.

Because I'm overweight and most athletes won't train with overweight people.

because it's hard to be a full time student, participate in club projects, be a full time mom, keep my grades up and play a sport.

because sports classes are conflict to my other classes. also too small class times

busy

Busy schedule, information was not always available to me.

can not fit it into my schedule.

Could not make practice times.

Did not fit my schedule.

Did not have enough space in my schedule to fit it in.

did not have enough time in my schedule

didn't fit my schedule

Didn't have the time.

Didnt know about try outs

didn't know when and where to sign up and my schedule may not be flexible depending on hours of practice...

didnt know when to sign up

Didn't know who to talk to.

Disabled

Do not have time.

Dont feel as though i could be good enough to play

Dont have the time. My schedule is too busy.

dont have time

dont have time to

Don't have time, I work fulltime.

don't know how to join

Due to no money, needed to work to pay rent school supplies and other expenses.

Exams are more important than a sport. No time to flex with sports when I need to get good grades.

fear of being rejected

Felt as if I was not at the level the other players would be. The time commitment and schedule was hard to fit in.

Felt as though i wasnt in shape or wouldnt make the team,seems to be alot of politics in the sports.

first year at college, I wanted to focus on my classes to begin with.

Free time was spent studying

Full time classes.

Full time student & full time job. No time

Golf but I plan to start next season

Having to work to support myself and the scheduals clashing making it hard to do extracurricular activities  
health reasons

I am an active triathlete, and I work full time.

I am currently enrolled in the Radiology Technologist program, and there is often insufficient time to participate in sports due to obligations toward clinical hours and classes.

I am currently in the dance program, working part time and i have an internship with my major which is event management.

I am not interested in sports

I am not physically fit enough and can't fit a sport into my schedule

I am not that good playing volleyball

I am phisically disabled.

I am too old to participate.

i couldnt get into the soccer class, it was full! i really wanted to be in the lifeguard program as well!

I did not apply to any sports because I was not previously invovled in any and I am currently unable to join a team that would need my time and attention. I am mostly not in any sport because I was not previously in a sport, though.

I did not know any information about how to participate or try out, or if there was an age limit or different requirements.

I did not know anything about them

I did not participate because I am not experienced in any of the sports and I would not want to join and be the bad person on a team. I would like to actually contribute. In addition, I don't know where I would even join.

i didn't have enough time

I didn't know how to sign up or where to go to.

I didn't participate because they only offered it during the time I needed to take another class.

I didn't participate in an intercollegiate sport because I had to study for my major, so I didn't have enough free time to participate any intercollegiate sport.

i didn't participate in softball because i don't have time. i have a part-time job and responsibilities dealing with my sister.

I didn't think that I had enough experience.

I didn't think they had a very good team.

I do participate in dance classes at mesa college. Love them, not sure why you do consider dance a sport. It is a really good work out, relieves stress.

I don't enjoy participating in sports and find it ridiculous that physical education credits are a requirement for an Associates degree.

I don't have enough time to practice and to fully engage in the sport because i work full time, go to school full time and i have a lot of homework to do. i would love to do sports but since i work i do not have the time to put into the sport.

I don't have the right training for the sports i like. I'm not an athletic person.

i don't have time

I don't have time to be in a sport. I am a single parent and a guardian to my brother and I need to work.

I don't know. I guess I've always been a bit nervous in physical education classes.

I enjoy playing hockey

I had no time

i have a child and i work around his scedual. i dont have time.



i have an knee injury that keeps me from sports, and i didnt think my skills were good enough.  
I have bad ankles and knees  
I have been doing weight training and walking.  
I have been interested in basketball, soccer, and track, but I have not participated in any sport other than dance and cheerleading in over 7 years, and was therefore fearful that I wouldn't make the team.  
i have no experience from high school, i did not feel like i would make the team.  
I have no time but I would like to join....  
I have no time to participte and I have no information about this. Maybe, after completing my prerequisite classes, I will take one sport class such as badminton or yoga  
I have played sports all through high school and got burned out. I would just like to focus on my academics now.  
I haven't had time for sports recently.  
I haz none skillz  
I just never had a chance to enroll due to my conflicting work schedule.  
I just started College and I am an international student. I do not have the money yet to take sports classes.  
i know i wont make the try outs to be on a team.  
I never did because its very competitive, so i disscourage my self from joining.  
I never knew when to sign up.  
I never took the time to look into joining the swim team.  
I really don't know what teams or sports are available in the college at a competitive level. It would probably help if the school found a way of marketing or recruiting students for sports, because we get so caught up with homework and all of our other careeer goals that we don't have the time to go out of our way to find out about sports. Maybe have people or posters in the cafeteria or busy places, such as the bathroom would help.  
I run in the morning--that is the only time my schedule permits.  
i want to learn first how to manage my time because i am a full time student and i have a lot of homework to do, so after this first semester may be later i will take one.  
i want/planning to take a dance program  
i wanted to concentrate more on school and i didnt think i would have time between school and work.  
I wanted to take the pilates class, but could not get in.  
I was going to play softball but contracted bronchitis then pneumonia.  
I was interested in playing water polo with Mesa College but it requires too much time to successfully achieve good grades as well as good athleticism.  
I was just starting in volley ball and didn't had the time.  
I was never a sports person  
i was never interested  
I was unable to balance work, school & sports, because I do work full time as well.  
I wasn't aware.  
I wasn't sure how to join.  
I wasn't sure if I'd be able to because I'm not too firmiliar with any particular sport  
i work and go to school full time  
I work full time and go to school full time so I do not have time. I am in a running class so I still get to run but I dont have to go to practice or meets.  
I work full-time and attend school fulltime  
i would have done swimming but i am in dance. i also would have done cheerleading but mesa does not have a squad.  
I would like to participate in intercollegiate cheerleading but Mesa does not offer it.  
I would like to play intercollegiate golf but need more instruction.

I would not know people doing the same sport.  
I would participate, however, I am a mom, and have no time with studying, and work, and still being a good mom to participate in sports. It guess it is a sacrifice to make.  
i.m a dancer... i practice dance  
i'll participate late  
I'm focused on academics and do not have time for sports.  
I'm not athletic by any means  
i'm not athletic; i like to watch sports  
I'm not good enough  
I'm not sure how to sign up.  
I'm not that into sports in general.  
I'm not very interested in sports  
Interested in softball but I don't have the extra time to devote to a sport. Balancing school, work and a sport is very difficult and school is more important to me than anything  
It costs too much money to participate.  
It was hard to fit it in my school schedule  
It was not available in the morning to fit in my schedule.  
It was to late to sign up!  
Its hard to fit into a school schedule these days.  
I've never really played any of the sports and I'd like to focus more on my academics.  
just not interested  
Just... don't have time but, I would like to joine some day.  
Lack of classes available for the time I like to take those classes.  
lack of information  
Lack of information as to how I could join a team.  
My number of units and my work schedule  
My time is dedicated to finishing my two years at community college.  
n/a, when I was an undergrad I was in crew. Now that I am going to Mesa, I am swamped with classes. I think that the exercise is very important though.  
Never pursue it, or was informed about classes availability through an ad or flyer  
no  
no  
no i dont have time because i have to concentrate to keep up my GPA  
No interest.  
No notice of try outs or meetings posted  
no time  
no time  
No time  
no time  
no time  
No time  
no time  
no time  
no time  
No time to do so.

no time with work and school  
no time  
No time.  
No time. Bad schedule times.  
Nope, not interested thank you  
not enough experience, too busy with work  
not enough experience.  
Not enough skill  
not enough time  
Not enough time  
Not enough time  
NOT ENOUGH TIME IN MY SCHEDULE - ACTIVITIES OFFERED DURING WORKING HOURS  
not enough time in schedule due to work and school  
not enough time to pay bills and play sports too  
Not enough time, and not enough info about how to join. Do we need experience? begginers welcome etc...  
not enough time, because of work  
Not enough time.  
Not enough time.  
Not interested  
not interested  
Not interested  
not interested  
Not interested.  
not needed  
Not obvious how to sign up. not encouraged to sign up for tennis in particular.  
Note sure of tryouts & season  
One reason is because I'm taking on more than a full load and I feel that it would interfere with my ability to get good grades. Also, I have a daughter and I don't want to have to take away spending time with her. Lastly, because I feel that I don't qualify because I have no prior experience. The only sport I have previous experience in is cheerleading and gymnastics.  
Practice times interfere with other responsibilities.  
Practice times were not good for my schedule.  
Schedule conflict  
Schedule conflicts  
schedule conflicts with school and job  
Schedule Conflicts.  
SDCCD does not have any Lacrosse teams. I have played Lacrosse for almost 10 years and played at USD for all 4 years of college. Lacrosse is currently the fastest growing sport in the US. It might be something worth looking into to add to the sports programs.  
soccer, didn't want it interfering with classes.  
swimming the hrs of available classes did not meet my work hrs.  
Swimming. I ended up having children before college though. Now I am too old for the olympics. : )  
The practices were too early in the morning for my schedule.  
The sport that I am interested in is not offered at the San Diego City College campuses.  
The time constraint. I work full time and take classes full time.

There is no ice hockey.

There is no lacrosse team at Mesa College

There is not active recruitment for players, i have no information on things like try-outs.

There was a time conflict with work and school. I was hoping to join the women's soccer team for the Fall term, but there were many summer classes I had to take in order to tryout.

There wasn't a time where I was interested in participating in an intercollegiate sport.

There's no rugby team.

they dont offer track and field

they not my type of sports to participate but if they had cheerleader i will enjoy

This is my first year trying to get general education out the way than sports.

those PE don't have right time.

time conflict

Time conflicts in scheduling.

too busy

Too busy

too busy

Too busy

Too busy with classes

too fat

too late to join

Until recently, I have been pregnant while a student.

volleyball, time did not fit with other class schedules

Was not able to participate due to competition times.

Wasting time and it's not necessary for me to take it.

work

yoga

**Male Responses:** If at any time while at the college you were interested in participating in an intercollegiate sport but did not participate, please explain why you did not participate.

A freeze tag team would have been nice.

age

Age

Availability

badminton

because i need more time to study

because the campus did not offer martial arts

beginner level

Broke my leg my senior year.

Busy with other classes

can't fit the amount of school i would like to take and football in at the same time.

can't work, pay for college, and play a sport all at the same time.

coach \*\*\*\*\*

competition would obviously be obsolete due to size

Did not know if I could or not

Did not offer my sport

didn't have the time

didnt have time

Didn't know it was available.

disabled

disabled due to injuries.

Do not have a lot of time and not aware of the when or where

Do not know how to get involved.

dont have the time

Dont have time.

don't have time.

don't know how to sign up.

Eligibility; ran out after attending SDSU.

First semester in college and wasn't sure i would have the time.

football but i went to jail

football: didnt know much about the team and as fast as i am i did not think i would be allowed on the team because of my weight(150) and im also 17yrs old.

Full-time schedule without spare time to participate in sports.

Get a lacrosse team.

grades

Gymnastics. I am currently enrolled, but in the Spring it is not offered.

Haven't looked into it much yet

I already have a BS degree, and so (as I understand it) am not eligible

I am afraid that I am not good enough for it.

I am currently taking night classes and playing a sport would get in the way of taking those classes.

I am disabled and the Cross country team would not benefit from my participation.

I am focusing on playing baseball.

I consider myself too out of shape

I couldn't find the time.  
i couldnt take any more units, and the required practice classes would put me over.  
I did not have any time for practices. Plus I cant commit to one at the moment  
I did not know if they had one or not.  
I did not participate because i couldnt find time to fit it in my schedule.  
I did not participate in any sport because the sport I'm interested in is lacrosse and is not available at mesa college.  
i did not participe because i ain'T GOT TIME TO DO SO  
i didnt have time  
I didnt know where and when they started  
i didnt participate because of work schedule not fit in with time of practice  
I do MMA off campus  
I do not know how to play golf yet.  
i don't care  
I don't have the extra time.  
I dont have time to participate.  
I felt it would detract from my studies  
i felt that i would not be as good as other that have been in it for a longer time than me.  
I figure my future was more important than some community college sport.  
I found out what I wanted to do with my life which happened not o be a sport.  
I had to work to make money.  
I have an ankle injury and it is not fully recovered.  
I have lost half of my right lung. I do however plan on taking PE next semester to stay active.  
i have no time.  
I have not participated yet.  
I have to work and do not have the time.  
I MADE THE TEAM BUT TORE LIGIMENTS IN MY ANKLE BEFORE THE SEASON STARTED. I'LL BE OUT FOR THIS SEASON AND HOPEFULLY BACK ON THE COURT NEXT SEASON  
i never had a chance to participate because the classes were booked when i tried to get into them.  
I simply don't have the time. Between pre-med, work, and trying to maintain something that vaguely resembles a life, I don't have time to do laundry; much less a sport.  
I used to weight 390 lbs. now I weight 170. I was simply too fat and unhealthy.  
I want to play lacrosse but there's no lacrosse team. I also want to wrestle but theres no wrestling team.  
i was very interested in playing football here at mesa, however everyone on the team seems to be a douche bag  
i was working full time and in school full time so there was no time for sport  
I work full time and just can't find the extra time.  
I would had the chance to participate in div III wrestling but the schools program was canceled due to the title IX proportionality rules.  
I would have been interested in soccer but was unaware of such a program  
I would have like to participate in a cycling team, but most colleges do not offer this as a intercollegiate sport.  
I would have participated in Wrestling, but was not offered through any SDCCD schools.  
I would like to participate but I have too busy a schedule.  
I would like to participate in playing Cricket. Unfortunately, Mesa College doesn't offer that sport.  
I'd like to but I'm taking 17 units at Mesa and I work part-time at the Apple Store.  
im am business major no time for sports. and im 31 yrs. old  
im lazy, & was fat, but recently lost weight may go out for baseball...

i'm to busy with school and work to be on a team. you need to be dedicated to your team when playing sports and my work work would interfere with that.

injuries

injury

just started and was unaware of status

Knee injury

Lack of interest.

lack of time

Lack of time and interest.

Lack of time for sports

Mesa does not have a men's golf team

Mesa does not have a wrestling team.

Needed to get a job so I could help with the bills

Needed to work to support myself and pay for school.

never tried out

no

no

no

No extra time. I work two jobs and I am a full time student.

no i'm always interesting intercollegiate sport

No information

no information about programs

No rugby program

no time

no time

No time

no time

No time

no time between full time work and full timeschool

No time in schedule.

No time to.

no time, surfing to much, you should offer a surf team

No time. I have to work a lot.

No time. Need to study and focus on college.

not able to take any due to my conditions

Not athletic.

Not enough flexibility in my schedule

not enough free time

not enough free time

Not enough free time

not enough time

Not enough time.

Not enough time.

not good enough

not good enough and dont have the time

not interested in any of the sports  
Not into sports.  
only if the time wich they want me to paticipating was is same time with classes i have.  
Overload on work  
Overwieght and unhealthy. I just play for fun, I don't take it too seriously.  
paintball. because there is no team  
priority reasons  
register to late  
registered late, had planned to attend University in Houston, Texas  
scared about my ability to keep up  
School and work consumed too much of my time to make my partcipating possible.  
Self esteem is too low and I am too self conscious about my body, coordination, and social skills.  
Self esteem is too low and I am too self conscious about my body, coordination, and social skills.  
soccer, i did not how to enroll  
study  
Taking to many credits to find time.  
Tennis, because I don't have the time.  
The amount of food it would take to paly sports.  
there is no Frisbee  
There's no enough time.  
They don't have paintball.  
They don't have wrestling.  
time constraint due to focus on academics  
Time difficulties  
Too broke to care.  
too busy with requirement studies  
too busy with work, play club sports  
too old but I am interested in coaching  
too weak.  
Truth is cruel. I do not have enough time to participate  
Unable to participate due to limited classes at limited times.  
wanted to concentrate on studies  
work conflicts with practice time  
work- study  
Working full-time  
Working full-time so don't have the time to try out.  
Working on academics.  
wrestling  
Wrestling and Fencing are not offered at San Diego Community Colleges  
yes, but could not make time.  
You do not offer Rugby.