



**Mesa College Title IX  
Intercollegiate Sports Survey  
*Spring 2015***

*Prepared by:*  
Office of Institutional Research and Planning  
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## Background

The San Diego Community College District (SDCCD) Title IX Intercollegiate Sports Survey was conducted in accordance with the Title IX Equal Opportunity in Education Act to determine students' level of interest in intercollegiate athletics and whether the colleges are fulfilling the needs of their students. The survey was administered during the Spring 2015 semester through an online survey program to all full-time students (enrolled in a minimum of 12 units) at Mesa College.

The survey targeted full-time students who meet the athletic eligibility criteria, according to the Commission on Athletics/California Community College Athletic Association Constitution and Bylaws;

### 1.3 ACADEMIC ELIGIBILITY

*1.3.1 In order to be eligible for non-conference, conference, and post conference competition, a student athlete must be continuously and actively enrolled and attending class in a minimum of 12 units at his/her California community college during the season of sport. Students dropping below 12 units are not eligible for competition until they are once again actively enrolled and attending class in at least 12 units.*

The survey was open for three weeks, from April 27, 2015 through May 18, 2015. Of the 5,486 Mesa College full-time students invited, 627 completed the survey; a response rate of approximately 11%.

The survey instrument contained 8 questions (6 multiple choice and 2 open-end questions) and took approximately 2 to 4 minutes to complete. Students were instructed to access the survey directly from a URL link in a survey invitation. In an effort to maximize student response, two reminder emails were sent prior to the end of data collection.

Of those students that responded, 51% were female (n=318) and 49% male (n=309), which is consistent with the college-wide proportions (female 52% and male 48%). Although only full-time students were emailed invitations to participate in the survey, 3% of respondents classified themselves as part-time, which may be a result of dropping or withdrawing from classes after receiving the invitation. Students between the ages of 18 to 24 constituted the majority of respondents (69%), followed by ages 25 to 29 (16%), 30 to 34 (6%), 35 to 39, 40 to 49, and 50 years or older (3%, each).

Respondents were asked to indicate all of the intercollegiate sports that they currently participate in, or had previously participated, at any of the colleges in the San Diego Community College District. Male and female respondents were directed to separate lists of sports that corresponded to their gender (Table 1). The majority of Mesa College's respondents indicated that they had not participated in any of the sports listed on the survey (81% of females and 83% of males). The most common response for female Mesa College students who answered that they are currently participating or had participated previously in a sports program, was badminton and swimming (4%, each), followed by soccer, track/field, softball, water polo, (3%, each), tennis, basketball (2%, each), cross country, and volleyball (1%, each). Soccer was the most common sport (6%) among male Mesa College students who answered that they are currently participating in a sport or had participated in an athletic program, followed by baseball, basketball, football (4%, each), tennis (3%), track/field, swimming, volleyball, water polo (2%, each), and cross country (1%).

**Table 1. Athletic Programs**

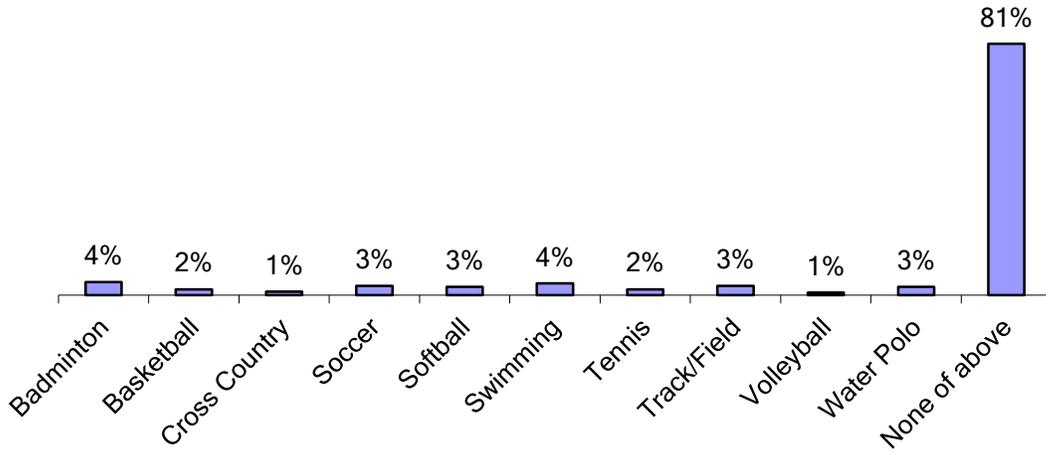
<u>Female Sports</u>		<u>Male Sports</u>	
Badminton	Tennis	Baseball	Tennis
Basketball	Track/Field	Basketball	Track/Field
Cross Country	Volleyball	Cross County	Volleyball
Soccer	Water Polo	Football	Water Polo
Softball		Soccer	
Swimming		Swimming	

When asked to select an intercollegiate sport that they would like to participate in, as well as estimating their level of ability at the sport, 38% of female respondents and 37% of male respondents chose *None of the above*. The most common selection for female respondents who were interested in participating in sports was volleyball, with the majority expressing that they were beginners (63% of total responses for this choice). Swimming at the beginner level (62% of total responses for this choice), tennis at the beginner level (64% of total responses for this choice), and badminton at the beginner level (68% of total responses for this choice) followed as the most popular sports that would like to be pursued. The most popular response among male respondents who were interested in participating in sports was soccer at all levels (35% at beginner, 34% at intermediate, and 31% at advanced). Baseball at all levels (43% at beginner, 30% at intermediate, and 27% at advanced), football at all levels (36% at beginner, 36% at intermediate, and 29% at advanced), and swimming at beginner and intermediate level (57% and 37% of total responses for this choice, respectively) were chosen as the next most pursued sports.

Students that chose not to participate in an intercollegiate sport, but were interested at some point while at one of the colleges, were asked to explain why they did not participate. The most common explanation from female and male students was a lack of time available due to school, work, and family conflicts, followed by limited finances and insufficient availability of information on intercollegiate sports. Respondents indicated that they didn't know the college offered intercollegiate athletics, which sports were offered, or how to participate. Although both female and male respondents had some of the same explanations, female respondents more frequently identified inadequate physical fitness, skill level, or lack of interest, while male respondents more often chose not to participate because of advanced age, injuries, or disabilities. Another explanation offered by students who chose not to participate was that the college did not have a team for their sport of choice. Female respondents noted an interest in volleyball, cheer, and water polo, while male respondents had an interest in lacrosse, hockey, soccer, and golf.

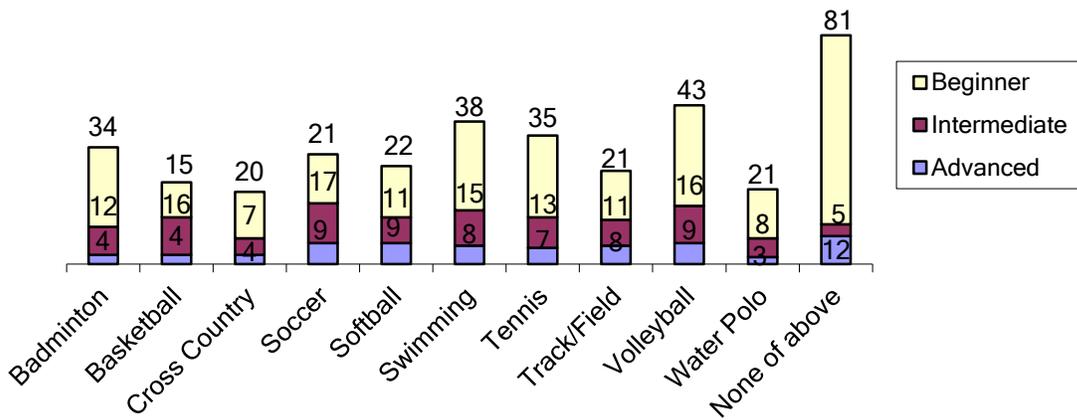
FEMALE RESPONDENTS

Check all of the intercollegiate sports you are currently competing in or have competed in previously at one of the colleges in the San Diego Community College District.



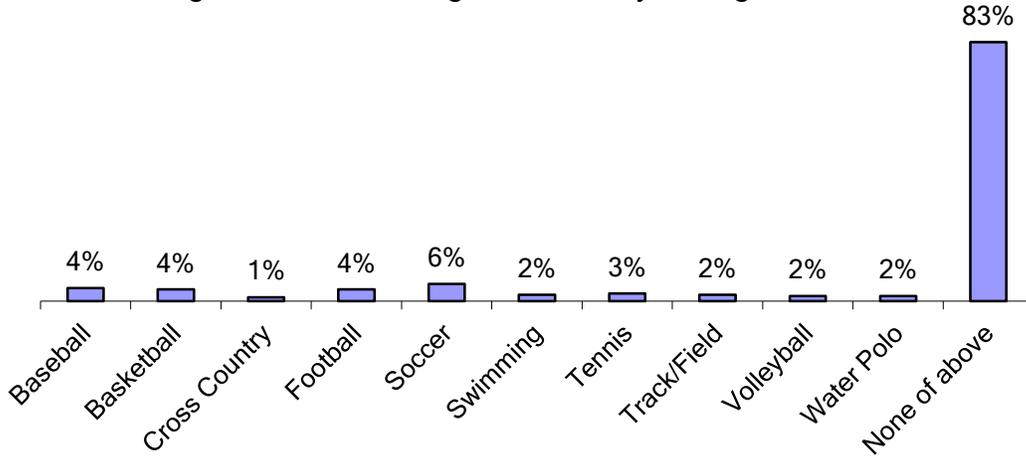
FEMALE RESPONDENTS

Which intercollegiate sports would you like to compete in? For each sport you select, you will also be asked to estimate your level of ability in the sport.



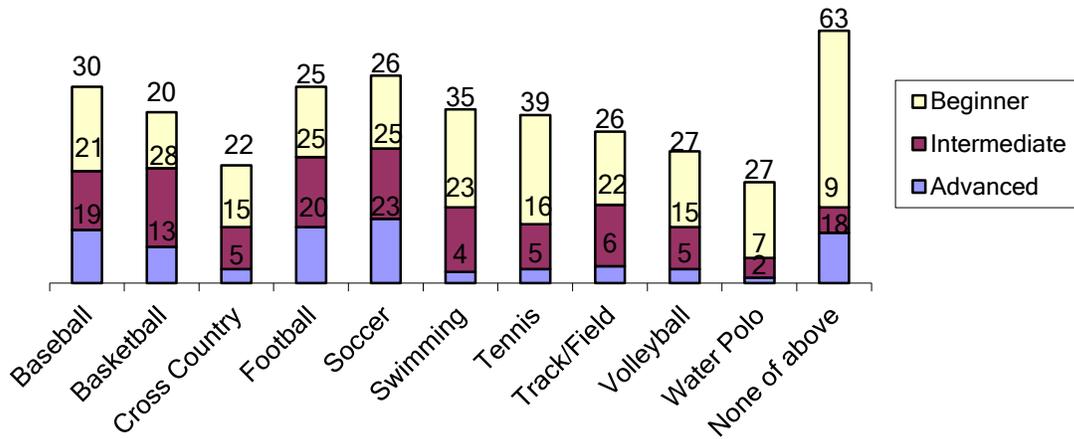
MALE RESPONDENTS

Check all of the intercollegiate sports you are currently competing in or have competed in previously at one of the colleges in the San Diego Community College District.



MALE RESPONDENTS

Which intercollegiate sports would you like to compete in? For each sport you select, you will also be asked to estimate your level of ability in the sport.



## Female Survey Respondents

*If at any time while at the college you were interested in participating in an intercollegiate sport but did not participate, please explain why you did not participate.*

- I did not participate because I work 72 hours a week, and I don't believe I can make it to the practices. I tried doing water polo because I am very passionate about the sport, but with 2 full time jobs and being a full time student time did not allow me to pursue that interest.
- No point/ waste of time
- I wanted to participate in volleyball but the sport happens at the same time as water polo.
- Didn't know about the program , how to get involved, and when meeting days were.
- Work full time
- My age and fibromyalgia
- For the load amount of the school work
- Because I felt it was only for people who knew how to do the sport, not just people who were interested in learning.
- didn't know where to sign up or if they existed at my college
- Conflicting times, either too early or too late.
- I'm overweight and would have to get in the appropriate physical condition first.
- I am a full time student that works and do not have time to do sports.
- I don't have time, school work such as class and homework take up the majority of my time.
- diving. ive never tried it before.
- Season passed
- I had no interest.
- No.
- I am very good at volleyball, and would not mind to be on the team. However, I have 2 small children and could not do it all: their schedules, my school load and the sport.
- I have an injury from playing in high school, also it is hard to dedicate time to a sport, keep your grades up, and still have time for a job to support yourself
- I am not into sports. Thank you for your time.
- The reason why I didn't was because I knew I am not that great at the sport and I am a very shy person.
- No time for practice
- Haven't done track/field in a long time, out of shape, full time student and working, no time to practice
- I think Mesa should invest in a Girl's Lacrosse Club or even make a team
- I would love to compete in sports but with a full school schedule and two jobs there is just not enough time to do so.
- Too busy.
- Family problems
- I've never played it before, but I'd like to start. I feel like it's too late to try and join now
- I have to work full time.
- I was a competitive all-star cheerleader for 8 years in San Jose up until last when I moved down to SD to focus on academics.
- I didn't know when tryouts were and I work during the week so I might have not been able to make it to practice.
- I just never thought about it but now that it is brought to my attention, I'm very interested.
- I am is disabled
- I am not sure how to apply. Is it like signing up for a class or is there a separate application?
- Conflicts with work schedule.
- I was interested in playing volleyball and softball. I am a transfer student and felt it was in my best interest to to participate because I want to transfer as soon as possible

- I competed when I was younger and while serving in the Military
- I didn't have time to take any sports classes with all my sciences.
- Focus only on classes.
- Nervous due to not being experienced
- Too old!
- No time between work and school
- because i was told that i was not at the level expected.
- no time
- I did want to compete for the Mesa Track and Field Team but the \*\*\* discriminated me
- It was too late.
- Could not find the resources to sign up
- Not enough time
- I am overweight and believe that if I were to take and class i wouldn't be able to fulfill the requirements and fail.
- Work schedule.
- too much other work to do
- None
- I was recovering from a ruptured calcaneal (achilles) tendon injury. Also, I have no collegiate basketball experience.
- I was not aware Mesa even had sports teams
- I did not participate because I have a child and I'd rather spend my extra time with him.
- no time
- No Cheer Team. Also wasn't aware when tryouts start.
- I started to play softball in the offseason but I injured my spine playing and the school athletic center made it worse and hurt me and I have never been able to play since two spine surgeries later one being spinal fusion.
- Had too many injuries from high school and Jr. High competitions. Damaged shoulders and back
- I'm too old.
- I don't have enough time.
- I didn't qualify
- I do not know how to play the sport.
- I felt intimidated considering I am a beginner.
- The coach did not have any faith in my abilities, and told me i would not be good enough to play at a four year university. I lost complete interest in the sport i once loved.
- I was too busy with classes.
- no, I don't play sports
- The team practice times conflicted with my schedule.
- Lack of advertisement.

## Male Survey Respondents

*If at any time while at the college you were interested in participating in an intercollegiate sport but did not participate, please explain why you did not participate.*

- Pretty busy.
- I Swim, run, cycle on my own.  
I am beyond the average age demographic than the typical community college student
- I used to play base ball competitively but I ripped my out of the shoulder socket in a snow skiing accident and can hardly throw since
- Sports requires a lot of dedication and necessary practice especially for a beginner like me.
- The Animal Health Tech Program requires a lot of my focus.
- Thought I was too old. I was 22 when i enrolled
- Required to take a swimming class in order to participate with the team
- I didn't participate in any sport activity, because there isn't any information about them.
- I was only 17 years old and too young to sign the paperwork on my own. I did not have access to send paperwork to my parents to be signed and be sent back on time.
- heavy class loads.
- I am playing hockey and this sport is not on the list
- homework, school, and work.
- Didn't have enough time because of my job
- I cannot participate in sports due to college policy regarding time and units while attending college, as I am an engineering major prep transfer.  
I am required to obtain more lower division course credits than the 'max' allotted by school policies, therefore am not "allowed" to partake in "bonus" classes, like physical training or electives.
- Too busy with study
- I want to play collegiate disc golf
- Had to work full time
- Not enough time and money
- My preferred sport is not offered at my school.
- Time commitment and not interested in the offered sports.
- I don't play sports.
- I feel like most. I am to busy but love sports and competition.
- Spinal Injury
- Because I have to work and pay rent as well as bills and intercollegiate sports cannot do that for me. I am too busy with school and a job.
- i don't have the time or money for equipment.
- You have Water Polo but no form of Hockey? Cmon.
- didn't have time
- I did not participate in sport because I did not have enough free time due to school and work.
- Time constraints.
- Physical disability
- Not fit at the moment
- My first semester at Mesa College, I was intrested in soccer and football, but I didn't play.  
I was not motivated enough to actually play.
- I work andI have rent and bills to pay
- no i'm not
- Played football in high school but the college I spent my freshman year at did not have a football team.
- Injuries
- Too busy with other classes.

- None
- Lack of knowledge of the requirements.
- i didn't know that much about the athletic programs
- i dont have time and i have to work
- Mesa needs a rugby club
- I did not know about it. When I found out, I had injured myself, so could not properly go for tryouts.
- There is no lacrosse team
- Working
- Why is there no lacrosse team? With such a big college I was expecting one.
- Time availability.
- because mesa doesn't have a fencing team =)
- Sport I was interested in competing in wasn't offered. I'm interested in competing in Gymnastics.
- Short on cash and can't afford gear or a class at enrollment time
- Older athletes aren't as sought out, as those that are younger.
- There is only one sport that i will ever participate, and that is wrestling. I Hope that at least one of these 3 school's have wrestling. I would like to participate in sports, just to stay healthy, and fit.
- i did not know how and when to participate.
- Graduation.
- It's community college. Intercollegiate sports is a superfluous idea and will only detract from the primary goals of all attendees. Also, events would take up valuable parking spots, which are currently being overlooked.
- Time and money.
- College should not be about sport
- I'm chose to focus on academics first but I still plan on participating in athletics at Mesa in the future.
- I was never made aware how to approach the walk on situation since I transferred from a 4 year to Mesa
- Time
- I needed to improve the basic fundamentals.
- Mesa chose to not provide the resources to create a winning program (meal plans, football-only facilities, more coaches, modern equipment). There is more than enough money to provide these things. They have a football team just to say they have one. This also goes for every other sports program on campus. Why join?
- I would be interested in an intercollegiate sport however wrestling is not offered at any of the schools. If wrestling were to be offered I would definitely partake but right now there is no wrestling program.
- My age group of being 26 having just got out the military about a year and a half ago. I haven't made an move of interest in sports yet just because I'm unknowlgable at this time of how a sport program could fit in my schedule now.
- I think golf should be added to the sports list, especially considering we're in California!
- I had more than 15 units a semester
- I did not participate because you have to be a full time student and go to practices and games which does not allow me to work and provide a living for myself.
- Lack of outreach from athletic department
- I don't have any contacts that I can give you because I come from Italy, I have never attended an American high school.. What I can say about me is that I am 27years old, 6.1, 200 pounds, lefty... I used to play for my hometown team in Italy as a small forward in the third division.. This was 3 years ago and since then I went out of shape, but nothing that it can't be fixed in a couple of months of training... All I m asking is a chance to prove my skills..ball don't lie..!!
- I go to school full time and also work full time. It would be hard to schedule time for sports

- Wrestling is not on the list
- Did not know the date or times to try out. Not enough information to get interested.
- Was told no walk ons were allowed.
- I dont know how. But im very interested in playing sports at the college level.
- If there was a wrestling program at Mesa along with me getting financial aid, I would be able to participate in athletic programs again. Right now I am working 25 hours a week and attending Mesa full time so there's really room to even think about playing sports. This relates to more than half of the students at community colleges in which they cannot afford or do not have the time to do what they REALLY want to do.
- Attempted to contact people with my questions about the different opportunities, never received a response.
- I cannot afford the hours needed to continue to play baseball because of the cost of living and needing to get a job
- Not sure how to join
- because I didn't have any high school experience regarding the sport related. i wrestled all 4 years of high school and also i didn't plan ahead to adjust my classes to sports wish i did
- well I played baseball for 8 consecutive years and once in high school I stopped due to personal reasons and the coaches always picking favorites. I played one season of travel ball then had to stop. Right now I would like to get back into it but I'm discouraged that my skill is gone and that I won't make a team.
- Sports don't fit into the G.I. Bill.
- don't have time
- I was interested in playing soccer but, I didn't know how to try out so I didn't