

# BENEFITS OF WORK-BASED LEARNING

## CONTACT WORK-BASED LEARNING

SAN DIEGO MESA COLLEGE

## WORK-BASED LEARNING FOR STUDENTS

### FOR STUDENTS:

- Explore industries and career options based on your interests
- Connect academic learning with real-world experiences
- Achieve motivation to learn, confidence in skills, and completion rates
- Engage and network with industry professionals
- Understand workplace expectations, create awareness of required training, and perform positive employment habits
- Gain relevant experience and develop in-demand technical skills and career competencies

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**VISIT THE CAREER CENTER: 14-306**



# AWARENESS & EXPLORATION



**UNDECIDED ON YOUR MAJOR AND CAREER PATHWAY?**

**WANT TO LEARN MORE ABOUT ALTERNATIVE CAREER OPTIONS?**

**INTERESTED IN ENGAGING WITH EMPLOYERS TO FIND THE RIGHT FIT FOR YOU?**

Participate in Work-Based Learning Activities to discover potential career opportunities that align with your interests, skills, and values. Ensure you are moving along the right career path by interacting with professionals to get first-hand knowledge of companies, workplace sites, employment expectations, and preparation requirements!

**JOB SHADOWS  
WORKPLACE TOURS  
EMPLOYER PANELS  
INFORMATIONAL INTERVIEWS**

# EMPLOYMENT READINESS



**NEED TO PREPARE FOR CAREER OPTIONS?**

**WANT TO LEARN HOW TO SELL YOURSELF?**

**INTERESTED IN APPLYING TO YOUR DREAM JOB OR INTERNSHIP?**

Participate in Work-Based Learning Activities to gain the skills you need to be competitive in the career development and search process. Make sure you stand out as the best candidate in the labor market pool and prepare for your career today!

**CAREER EXPLORATION  
RESUME REVIEWS  
INTERVIEW PREP  
JOB/INTERNSHIP FAIRS  
PERSONAL BRANDING & PORTFOLIUM  
THE STAND - DRESS FOR SUCCESS!**

# PREPARATION & TRAINING



**READY TO CONNECT WITH INDUSTRY?**

**WANT TO GAIN REAL-WORLD EXPERIENCES?**

**INTERESTED IN GROWING YOUR TECHNICAL & CAREER READINESS SKILLS?**

Participate in Work-Based Learning Activities to benefit from deeper exposure and engagement with employers. By experiencing a career and company first-hand, you can build the competencies you need to set yourself up for success in finding a job!

**INTERNSHIPS  
WORK EXPERIENCE  
SERVICE LEARNING  
ON-THE-JOB TRAINING**