



# SAN DIEGO MESA COLLEGE

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## CARE

### CARE PROGRAM:

Cooperative Agencies Resources for Education (CARE) provides support services to single parents receiving CalWORKs from the county who are attending college. CARE assists students through counseling, specialized workshops, meal cards, gas cards, supplies, grants, and much more to address the unique needs to single parents.

### CARE SERVICES:

- Academic/Personal/Career Counseling
- Specialized Workshops
- Support Groups
- Gas and Meal Cards
- School Supplies
- Educational Grants (*when funding permits*)
- Laptop Loan Program (*first come, first served*)
- End of Year Holiday Celebration for Kids
- And much more!

### ELIGIBILITY REQUIREMENTS:

- Be at least 18 years of age
- Be a single, head of household and a current recipient of TANF/CalWORKs for yourself and/or your child(ren)
- Be a parent or legal guardian of at least one child under the age of 18
- Be eligible for EOPS

For More Information Contact:

EOPS Office | Room I4-309 | 619-388-2706 | [www.sdmesa.edu/eops](http://www.sdmesa.edu/eops)

