



Preventive Health Care Services Covered at NO COST to You

Starting in 2013, select preventive services are covered at no cost to you, as long as you receive services from a network provider. This means you don't have to pay a copay, coinsurance or meet a deductible. This change is a result of Health Care Reform legislation. Here is a list of some of the most popular preventive health care services that may now be covered. For a complete list and specific requirements, please visit: <http://www.healthcare.gov>

Men and Women	Women	Children and Adolescents
<ul style="list-style-type: none"> • Alcohol Misuse Screening and Counseling • Blood Pressure Screening • Cholesterol Screening • Colorectal Cancer Screening for adults over 50 • Depression Screening • Type 2 Diabetes Screening for adults with high blood pressure • Diet Counseling for adults at risk for chronic disease • HIV Screening • Immunizations <ul style="list-style-type: none"> - Hepatitis A - Hepatitis B - Herpes Zoster - Human Papillomavirus - Influenza (Flu Shot) - Measles, Mumps, Rubella - Meningococcal - Pneumococcal - Tetanus, Diphtheria, Pertussis - Varicella • Obesity Screening and Counseling • Sexually Transmitted Infection (STI) Counseling • Tobacco Use Screening and Intervention • Syphilis Screening <p>For Men Only</p> <ul style="list-style-type: none"> • Abdominal Aortic Aneurysm one-time screening for men of specified ages who have ever smoked 	<p>Pregnant Women and Women Who Plan to Get Pregnant</p> <ul style="list-style-type: none"> • Anemia Screening • Bacteriuria Screening • BRCA Testing for women at risk • Breastfeeding Training and Support • Folic Acid Supplements • Gestational Diabetes Screening at 24 to 28 weeks • Hepatitis B Screening at first prenatal visit • Rh Incompatibility Screening • Syphilis Screening <p>All Women</p> <ul style="list-style-type: none"> • Breast Cancer Mammography Screening every 1 to 2 years over age 40 • Breast Cancer Chemoprevention Counseling for women at higher risk • Cervical Cancer Screening • Chlamydia Infection Screening • Contraception Methods* FDA-approved methods, sterilization procedures, and counseling, Does not include abortifacient drugs • Domestic Violence Screening • Gonorrhea Screening • HIV Screening • HPV DNA Test every three years for women with normal cytology results who are 30 or older • Osteoporosis Screening for women over age 60 depending on risk factors • Tobacco Use Screening and Interventions • Well-Woman Visits to obtain recommended preventive services for women under 65 <p><i>* Generic and Preferred Brands Only</i></p>	<ul style="list-style-type: none"> • Alcohol and Drug Assessments for adolescents • Autism Screening at 18 and 24 months • Behavioral Assessments* • Blood Pressure Screening* • Cervical Dysplasia Screening • Congenital Hypothyroidism Screening for newborns • Depression Screening • Developmental Screening • Fluoride Chemoprevention Supplements • Gonorrhea preventive medication for the eyes of all newborns • Hearing screening for newborns • Height, Weight and Body Mass Index measurements* • Hematocrit or Hemoglobin Screening • Sickle Cell Screening for newborns • HIV Screening for adolescents • Immunizations Birth to age 18 • Iron Supplements at 6 to 12 months if at risk for anemia • Lead Screening • Medical History** • Obesity Screening and counseling • Oral Health Assessment for young children • Phenylketonuria (PKU) Screening for newborns • Sexually Transmitted Infection (STI) Counseling and screening for adolescents • Tuberculin Testing* • Vision Screening <p><i>**At Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.</i></p>

Disclaimer: This summary is merely a brief overview of some of the preventive services described under Health Care Reform legislation. This summary is not intended to alter or expand benefits, rights or liabilities as set forth in the legislation. For details and specific requirements, please visit the U.S. Department of Health & Human Services website: www.healthcare.gov