



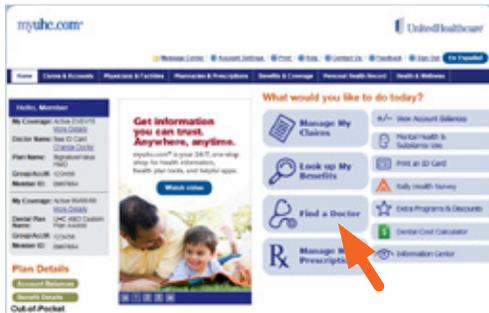
How to find a doctor or hospital in our network

Two ways to search and save

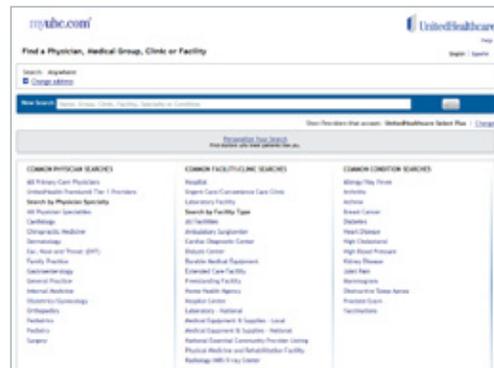
Use doctors, hospitals, pharmacies, labs and other providers and facilities in our Select Plus network to help lower your health care costs.

If you are a current UnitedHealthcare plan member, finding a doctor is easy at myuhc.com®

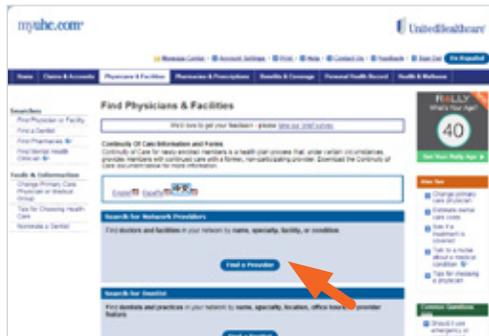
1 Log in to myuhc.com and click on **Find a Doctor**



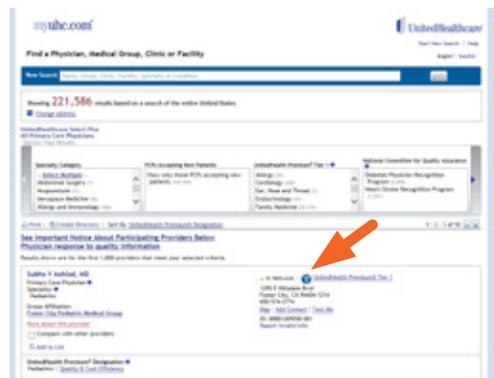
4 Fill in your search criteria and make your selection by provider specialty, facility or condition.



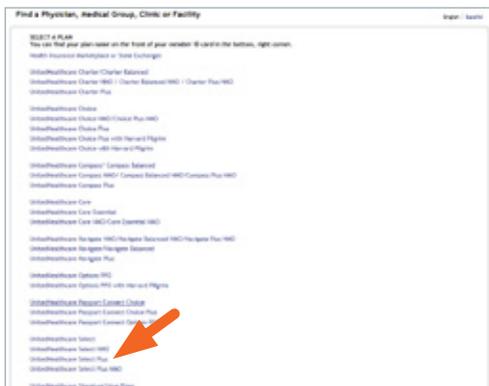
2 Click on **Find a Provider**



5 View and select your doctor from the list provided, and note the "Tier 1" designation next to the provider name.

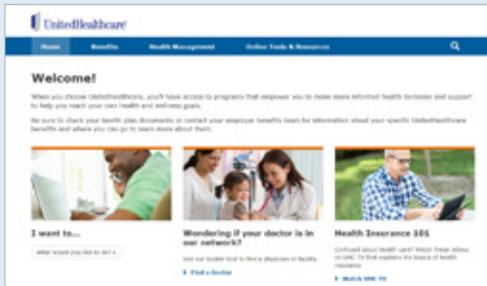


3 On the next page scroll down and click on the **"UnitedHealthcare Select Plus"** Plan



If you are not yet a UnitedHealthcare plan member, you can easily search for a doctor at welcometouhc.com/uhwest.

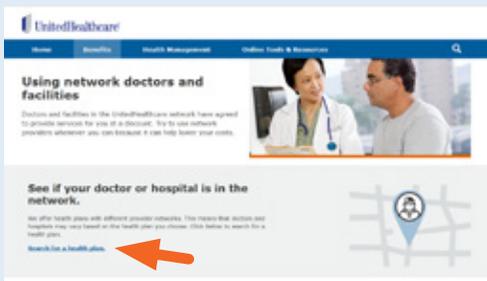
1 Visit welcometouhc.com



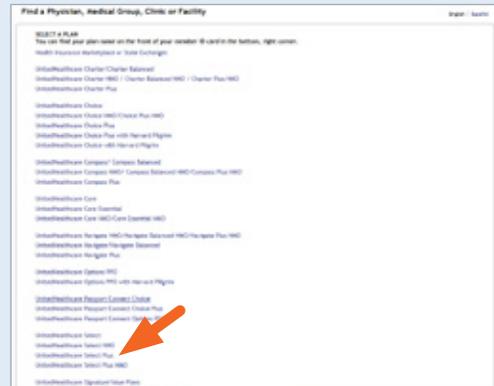
2 Click on the "I want to..." "Find a network doctor or Hospital" in the drop down list



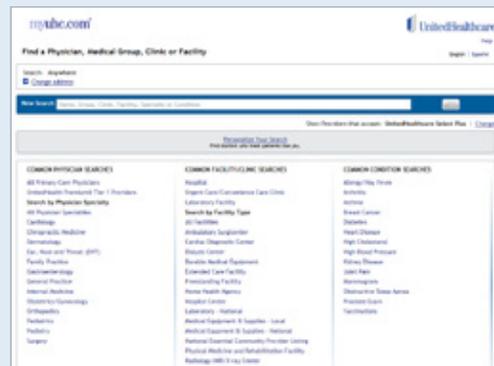
3 On the next page click on "Search for a health plan" in the second section as hospitals may vary based on your plan.



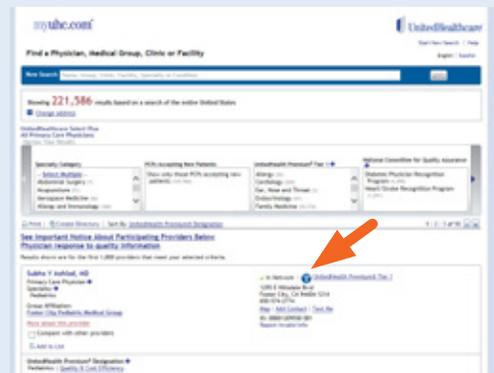
4 On the next page scroll down and click on the "UnitedHealthcare Select Plus" Plan



5 Fill in your search criteria and make your selection by provider specialty, facility or condition.



6 View and select your doctor from the list provided, and note the "Tier 1" designation next to the provider name.



What is a "network"?

A network is a group of doctors, hospitals and other providers and facilities that have a contract with UnitedHealthcare. As part of their contract, they have agreed to follow our guidelines and provide health care services to you at lower prices.

Why is this important?

You can save money. For example, when you use a network doctor, you will usually pay less compared to seeing a doctor who is out-of-network.

Choose with confidence.

The UnitedHealth Premium® designation program makes it easy for you to find network doctors who meet national standards for quality and local market benchmarks for cost efficiency. Review your options and **choose a doctor with confidence.**

Learn more at UnitedHealthPremium.com.



The choice is yours.

The UnitedHealth Premium program can help you find the care you want. The program evaluates doctors in 27 different medical specialties, using national standards for quality and local benchmarks for cost efficiency. You can use this information to help you choose the care that's right for you.

Make the most of your benefits.

Members in health plans that offer tiered benefits may pay lower co-payments and co-insurance amounts for services provided by UnitedHealth Premium Tier 1 physicians.

Possible designations a doctor can receive

The chart shows the two possible designations a doctor can receive to be a Tier 1 physician. It also shows the designation if a doctor meets one criteria but not the other.”

UnitedHealth Premium Designation	Meets quality criteria	Meets cost efficiency criteria	UnitedHealth Premium Tier 1
Quality & Cost Efficiency	✓	✓	✓
Cost Efficiency & Not Enough Data to Assess Quality	Not enough data to measure.	✓	✓
Quality & Not Enough Data to Assess Cost Efficiency	✓	Not enough data to measure.	
Quality & Did Not Meet Cost Efficiency	✓		

If a doctor does not have a Premium designation, it does not mean he or she provides a lower standard of care. It could mean that the data available to us was not sufficient to include the doctor in the program. All doctors who are part of the UnitedHealthcare network must meet our credentialing requirements (separate from the Premium program).

Added protection and cost savings

If you find a provider that is not listed with a Tier 1 designation or who may fall outside of the 27 UnitedHealth Premium specialties, you may be able to still receive care from this provider at the Tier 1 coverage level. Just look to see if the provider is shown as “Not Evaluated” under the UnitedHealth Premium Designation section. If the provider is shown with the “Not Evaluated” designation, for VEBA Select Plus Plan participants, your benefits when seeing these providers will be paid at the Tier 1 level for services received in an office setting ONLY. Any care received at an Urgent Care, Emergency Room or other care facility other than an office setting, will ~~not~~ be paid at the standard, non-Tier 1 benefit level.

Walter K Nahm, MD Specialty: Dermatology Group Affiliation: Walter K Nahm MD UnitedHealth Premium® Designation Not Evaluated	In Network Estimated Distance: 2 miles 7695 Cardinal Ct Ste 200 San Diego, CA 92123-3357 858-278-8855
Robert B Sigafoos, MD Specialty: Dermatology Group Affiliation: Scripps Clinic Medical Group UnitedHealth Premium® Designation Not Evaluated	In Network Estimated Distance: 2 miles 2020 Genesee Ave San Diego, CA 92123-4219 858-480-2273, 858-268-9500

UnitedHealth Premium specialties

New specialties added in 2015 are in **bold**.

Allergy	Obstetrics and Gynecology
Cardiology	Ophthalmology
Cardiology – Electrophysiology	Orthopaedics – General
Cardiology – Interventional	Orthopaedics – Foot/Ankle
Ear, Nose and Throat (ENT)	Orthopaedics – Hand
Endocrinology	Orthopaedics – Hip/Knee
Family Practice	Orthopaedics – Shoulder/Elbow
Gastroenterology	Orthopaedics – Spine
General Surgery	Orthopaedics – Sports Medicine
General Surgery – Colon/Rectal	Pediatrics
Internal Medicine	Pulmonology
Nephrology	Rheumatology
Neurology	Urology
Neurosurgery – Spine	



Call us

If you have any questions about a provider designation or need help in finding a provider, our customer care professionals will be happy to help you with your doctor search. Call **1-866-873-3903**. If you are a member, you can also call the number on your health plan ID card.



The UnitedHealth Premium® designation program is a resource for informational purposes only. Designations are displayed in UnitedHealthcare online physician directories at myuhc.com.®. You should always visit myuhc.com for the most current information. Premium designations are a guide to choosing a physician and may be used as one of many factors you consider when choosing a physician. If you already have a physician, you may also wish to confer with him or her for advice on selecting other physicians. Physician evaluations have a risk of error and should not be the sole basis for selecting a physician. Please visit myuhc.com for detailed program information and methodologies.

Only individual physicians that meet UnitedHealth Premium designation criteria, or physicians in designated specialties who are part of medical groups that meet UnitedHealth Premium criteria for group practices and who have sufficient claims data for analysis, may be designated. All physicians that contract with UnitedHealthcare have met credentialing requirements. Regardless of designation, plan enrollees have access to physicians in the UnitedHealthcare network as described in their benefit plan. Specialties for which there are no quality guidelines currently established in the program are excluded from evaluation and are noted as such.

The assessment result “Not Enough Data to Assess” is not an indicator of the total number of patients treated by the physician or the number of procedures performed by the physician. Rather, it reflects the statistical requirements of the Premium designation program, which includes only health plan claims associated with specific program measures and relevant to the physician’s designated specialty. In some cases, there may not be enough data to complete the analytic process from a statistical standpoint.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.